

# Harvest Festival 2022



Equinox Week

20th September - 27th September.

This has been a challenging year in terms of living costs, so we are asking for donations **ONLY** if it is affordable.

**This year, all donations we collect will be given to the Plymouth Food Bank.**

## Donation Ideas:

**Food** - packets, soups, noodles, tinned veg and desserts, jars etc., in date.

**Personal Hygiene items** - toothpaste/brushes, shower gel, sanitary products etc.

Many thanks for all donations, however big or small  
:-)

