



Mount Tamar  
Aspire - Adventure - Achieve



**9th November  
2018**

# The Tamar Weekly



Mount Tamar School and  
Drake's View House  
Part of the Quay Partnership  
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# A word from the Headteacher...

Anti bullying week from Monday is a important week for us and an opportunity to explain to the pupils that everyone is different and that this is ok. We are involving the pupils in many different events and social skills learning opportunities all week starting with 'Odd socks Monday'.

A small band of explorers are heading to the North Wales mountains to take part in their Duke of Edinburgh Award expedition training. Well done to staff and pupils for doing this - what an opportunity and what an adventure. Take some great photos at the top and plant the Mount Tamar flag as high as possible! You may see Ant Middleton or Bear Grylls there.

The exercise Stomp track was looking good - however the downpour of rain has broken one of the field drains and washed away some of the track. I am confident it will be fixed ready for our grand opening morning on December 7th. We are planning to get a famous face here and a demo from some top mountain bikers. The aquarium sessions started again this week with Owls class having a workshop from the science education department at the aquarium. The partnership is the same as last year where our pupils can go free of charge and family passes are available from the office.

Please follow our Facebook and Twitter pages and pass these on to your friends and families. We try to keep you all up to date with what we are doing and need your help getting this out to the rest of Plymouth so that they all know the great things your child is doing and what a great school your child goes to.

Please contact us if you need to know anything, if you have any ideas for improvement or just want a coffee and a chat about anything with our parent team Hayley and Sandra.

I hope to have confirmation in the next few days or weeks about two exciting new developments at our offsite Aspire centres. We are hoping to open an expanded Vocational centre and also a smaller venue for those pupils who really need a more quiet and calm environment.

## Staff Training Friday 23rd November

The **school will be closed to pupils on Friday the 23rd of November** due to staff training for an exciting new initiative we will be introducing to our pupils. More information regarding this training day has been sent home via a letter and an email.

# Remembrance Reflection

On Thursday the 8th of November the students and staff gathered in the Sports Hall for our annual remembrance reflection at 11am. The students worked really hard creating some beautiful poppies and wreaths to remember those who lost their lives.

Once again our young people displayed respect throughout, we are very proud of them.



# Attendance

**Congratulations to Eagles, Hawks and SP tutor group who all achieved 100% attendance this term.**

**100%**

**Most improved attendance goes to Alex P based at one of our off site centres.**

# Mount Tamar Stomp

With the new installation of the track on the field, Mount Tamar pupils are able to begin their STOMP task.

All pupils are set to complete a mile of either walking, running, cycling or scootering before the christmas break. Having a path has made it possible for pupils to complete this in all weathers, and it will also help with their physical well being! Everybody wins!



Mount Tamar is supporting Odd Socks Day to highlight bullying.

Students and Staff will wear odd socks on Monday 12<sup>th</sup> November to draw attention to the fact that we are all different and nobody should be bullied!



This  
**ANTI-BULLYING WEEK**  
we  
**choose  
respect**

#ANTIBULLYINGWEEK



**MONDAY 12<sup>TH</sup> - FRIDAY 16<sup>TH</sup>  
NOVEMBER 2018**

NOV

11	12	13	14
15	16	17	18

**MONDAY 12<sup>TH</sup> NOV**  
**Odd Socks Day**

**THURSDAY 15<sup>TH</sup> NOV**  
**STOP SPEAK SUPPORT  
CYBERBULLYING DAY**

## **I Choose, You Choose, We Choose Respect**

Choose Respect, it's Fundamental,  
Essential in life and elemental,  
Without it, relationships can be temperamental,  
Which can end up being detrimental,  
Choose to Respect everyone's perspective,  
A difference in opinion, that's our prerogative.  
Listen to others and be appreciative,  
Rather than inconsiderate and argumentative,  
Choose to respect their equality,  
Regardless of their gender or sexuality,  
Their way of life, or nationality,  
Life should contain no exclusivity.  
Choose to respect the disrespectful,  
Don't allow them to feel powerful,  
Don't fight back with words that are hurtful,  
Or act impulsively and end up regretful,  
Choose to respect the disrespected,  
Respect is something that is reflected,  
Respect can prevent someone from feeling dejected,  
Respect is a cycle that is interconnected,  
Choose to make respect an easy decision,  
Choose inclusion without persuasion,  
Choose tranquillity over aggression,  
Choosing respect should take little comprehension  
We choose respect as a mutual decision,  
Made by us with no deliberation  
I Choose, You Choose, We Choose Respect

# Dates for your Diary



**Monday 12th November** - Odd sock day for pupils and staff

**Thursday 22<sup>nd</sup> November** - Parents trip to China Blue by Train

**Friday 23<sup>rd</sup> November** - School closed to pupils for staff training day.

## The MT Granary Farm' herb garden



# Lovely Opportunity for some Unique Christmas Presents

Your children have been busy working on some christmas designs that should be sent home to you soon. Keep an eye out for these, where you will have the opportunity to order allsorts of items such as; cards, coasters, mugs and cushions.

These items do not need to be paid for until they arrive.



## Term Dates

### **Academic year 18/19**

#### **Autumn term**

Non Pupil days: 23rd November 2018  
Term ends-21st December 2018

#### **Spring term**

School starts: Friday 4th January 2019  
Half term: 18th February- 22nd February 2019  
Term ends: 5th April 2019

#### **Summer term**

School starts- 23rd April 2019  
Bank holiday- Monday 6th May 2019  
Half term-27th May-31st May 2019  
Term ends- 26th July 2019

## Volunteering Opportunity in Plymouth



Sleepless nights, tantrums, challenging behaviour and feeling isolated. Sound familiar? If you can remember how tough it can be with young children and would like to support other parents then we would like to hear from you.

Home-Start South & West Devon are desperately seeking volunteers for their home-visiting service. Volunteers visit families with children under the age of 12, who are experiencing difficulties for a couple of hours a week.

Whether you are looking to gain experience or just to make new friends and use your skills this could be the opportunity for you. Volunteers undertake initial 30 hours of training over 8 weeks and once matched to a family receive regular supervision.

So, if you have parenting experience and can spare a few hours a week we would love to hear from you at [homestart.shpt@gmail.com](mailto:homestart.shpt@gmail.com) or contact the office on 01752 249740.

# Parents needed to Participate in Research on Dyslexia Tutoring

Looking behind the scenes of provision of private tutoring  
for pupils with dyslexia in England

**A**vik Banerjee is a Mayflower Doctoral Research Scholar at Plymouth Marjon University, under the supervision of Dr. Sean MacBlain, Professor Tanya Ovenden-Hope and Dr. Ian Luke.

Avik is inviting you to participate in this exploratory qualitative research where he is proposing to look into provision of private tutoring for pupils with dyslexia in England.

## Why is this research happening?

This is the first piece of qualitative research that seeks to explore and provide a detailed picture of the nature and extent of private tuition for dyslexic children in England, which focuses predominately on the position of parents of children with dyslexia.

This study aims to inquire into the opinions and perspectives of the parents of dyslexic pupils regarding private tutoring of their children and will subsequently contribute to the wider literature in the field of dyslexia. The study will examine the support provided to dyslexic children by their parents in the form of private tutoring and will look into why and how parents make choices when employing a private tutor.

## Who are eligible to participate?

Any parents, whose children (in Years 6,9 & 11) have dyslexia and undertake private tutoring, are eligible to participate.

## Participation involves?

Taking part in a semi-structured interview arranged at your convenience.

If you would like more information please contact Avik Banerjee

Email: [Banerjee.A@pgr.marjon.ac.uk](mailto:Banerjee.A@pgr.marjon.ac.uk)

Contact Number: 00447450152711.

Devon School Aged Immunisation Team  
Newcourt House  
Newcourt Drive  
Old Rydon Lane  
Exeter  
EX2 7JQ

31<sup>st</sup> October 2018

t: 0333 321 9884  
e: [VCL.ImmunisationPHN@nhs.net](mailto:VCL.ImmunisationPHN@nhs.net)

Dear Parents,

### Flu Clinic appointments for children that were not vaccinated at school

We are writing as the provider of the school aged immunisations in Devon. Our community clinic bookings have now been confirmed and we are inviting parents to book an appointment for their child if the school session has already passed and you still wish your child to be vaccinated. Please see attached community clinic information.

Our dedicated appointment telephone line will be open from 9.30am – 3pm Tuesdays, Wednesdays and 9.30am – 12 noon on Thursdays throughout November to receive appointment requests. When telephoning please advise us if you have already completed an electronic form and have the reference code available if possible. Do not worry if you have yet to complete the consent process, as this can be undertaken by our team at the time of booking if desired.

Our clinic appointments are reserved for children that have missed their school date for whatever reason.

Please call our dedicated appointment telephone line 01392 356145 on a Tuesday, Wednesday or Thursday to book your child's clinic appointment. **Please note:** Only children with a booked appointment will be seen at clinic, due to anticipated high demand. Unfortunately we cannot offer walk in appointments on the day.

Thank you for supporting this important public health programme.

Yours faithfully,

Beccy Lyons  
Immunisation Team Leader

Attached: Community Clinic Information

The following Community Clinics have been organised across Devon, reserved for children that have missed their school Flu vaccination date.

Please call our dedicated appointment telephone line 01392 356141 open **9.30am – 3pm Tuesdays, Wednesdays and Thursdays 9.30am – 12noon throughout November** to book your child's clinic appointment. The closing date for booking onto one of the clinics listed below will be Thursday 15<sup>th</sup> November. When telephoning to book a clinic slot, please advise us if you have already completed an electronic form and have the reference code available.

**\*IMPORTANT INFORMATION:** Only children with a booked appointment will be seen at clinic. Due to anticipated high demand, unfortunately we cannot offer walk in appointments on the day.

Date	Venue	Area	Booked appointments available between*
Wednesday 21st November	Estover Surgery Leypark Walk, Plymouth, PL6 8UE	Plymouth	3.30pm – 6.30pm
Thursday 22nd November	Springfield Court Fishleigh Road, Roundswell Business Park, Banstaple, EX31 3UD	North Devon	3.30pm – 6.30pm
Thursday 22nd November	Lescaze Offices, Shinnars Bridge, near Totnes, TQ9 6JD	South Devon	3.30pm – 6.30pm
Friday 23rd November	Honiton Hospital Outpatients Department Marl pits Lane Honiton EX14 2DE	East Devon	3.30pm – 6.30pm
Friday 23rd November	Newcourt Community Centre Blakeslee Dr, Exeter EX2 7FN	Exeter	3.30pm – 6.30pm
Monday 26th November	Honiton Hospital Outpatients Department Marl pits Lane Honiton EX14 2DE	East Devon	3.30pm – 6.30pm
Monday 26th November	Newcourt Community Centre Blakeslee Dr, Exeter EX2 7FN	Exeter	3.30pm – 6.30pm
Tuesday 27th November	Estover Surgery Leypark Walk, Plymouth, PL6 8UE	Plymouth	3.30pm – 6.30pm
Wednesday 28th November	Pembroke House Surgery 266 Torquay Rd, Paignton TQ3 2EZ	Torquay	3.30pm – 6.30pm

## Nasal Flu Vaccination Weekend Community Clinic dates 2018

The following Community Clinics have been organised across Devon, reserved for children that have missed their school Flu vaccination date.

Please call our dedicated appointment telephone line 01392 356141 open **9.30am – 3pm Tuesdays, Wednesdays and Thursdays 9.30am – 12noon throughout November** to book your child's clinic appointment. The closing date for booking onto one of the Saturday clinics listed below will be Tuesday 11<sup>th</sup> December.

When telephoning to book a clinic slot, please advise us if you have already completed an electronic form and have the reference code available.

**\*IMPORTANT INFORMATION:** Only children with a booked appointment will be seen at clinic. Due to anticipated high demand, unfortunately we cannot offer walk in appointments on the day.

Date	Venue	Area	Booked appointments available between*
Saturday 15 <sup>th</sup> December	Newcourt Community Centre Blakeslee Dr, Exeter EX2 7FN	Exeter	09.30am –12.30pm
Saturday 15 <sup>th</sup> December	Estover Surgery Leypark Walk, Plymouth, PL6 8UE	Plymouth	09.30am –12.30pm
Saturday 15 <sup>th</sup> December	Springfield Court Fishleigh Road, Roundswell Business Park, Banstaple, EX31 3UD	North Devon	09.30am –12.30pm
Saturday 15 <sup>th</sup> December	Newton Abbot Hospital West Golds Road, Newton Abbot, Devon, TQ12 2TS	South Devon	09.30am –12.30pm
Saturday 15 <sup>th</sup> December	Honiton Hospital Outpatients Department Marlpits Lane Honiton EX14 2DE	East Devon	09.30am –12.30pm
Saturday 15 <sup>th</sup> December	Pembroke House Surgery 266 Torquay Rd, Paignton TQ3 2EZ	Torquay	09.30am –12.30pm



# Helping Hands

## Programmes For Parents & Carers At Mount Tamar School

### Autism Awareness

**13<sup>th</sup> November 2018 11.00 am to 1.00 pm**

We very much understand that when your child is diagnosed as being on the autistic spectrum, it can be a very scary time. Not only have you as parents/carers, been through a very difficult journey before your child has been diagnosed, you now need to work out how best to look forward to your future, as a family.

Our Therapist Team would like to give some support and guidance on dealing with the complications that go along side living with a child with Autism; enabling your family to regain some positivity and enjoyment.

Please let me know if you would like to come along.  
Hayley - Your PSA.



I am planning a trip for Parents/Carers on  
**Thursday 22<sup>nd</sup> November.**

We will be meeting at Plymouth Train Station  
at 9.30am to get the 9.49am train to Totnes.

We will then walk across the road to China  
Blue, where we can enjoy painting some  
pottery, followed by a lovely lunch. The train  
home gets in to Plymouth at 2.21pm.

This will be a lovely day out. I know that lots  
of you have expressed an interest, but I need  
firm numbers now, so that I can book it all.  
Can you please call me on 355018 to let me  
know if you are coming?

If I'm not there, please leave a message.

Your PSA Hayley



## Free Information Event

For parents/ carers of year 9 and year 10 students  
with Education, Health and Care Plans

Supported Internships

Post 16 Education  
Options

Supported Employment

Work Experience  
Opportunities

Mentoring

Personal Development

Pre-employment  
Programmes

Apprenticeships

Volunteering

Find out more about the Post 16 options and pathways  
for students with EHCP.

### Venues and Dates:

(Limited places available)

- |                                     |   |                                   |
|-------------------------------------|---|-----------------------------------|
| City College Plymouth               | - | Monday 12th November, 7:00-8:30pm |
| Plymouth School of<br>Creative Arts | - | Monday 19th November, 7:00-8:30pm |

To book a place or for more information  
contact an adviser by emailing  
[parentsevent@cswgroup.co.uk](mailto:parentsevent@cswgroup.co.uk)

or phone Kate: 07786334616/ Sherri: 07786126330



## Does your child attend after school clubs?

*We had a telephone call from one of our parents this week, saying that since their child has been attending after school clubs, it has made a real difference to how he is coming home from school, he is happier and life is easier in the evenings.*

*It's always nice to receive positive feedback and be able to share it with you all.*

# Term 1

## After School Clubs Here At Mount Tamar

### Monday

Hockey Club  
Homework Club Primary  
Homework Club  
Secondary

### Tuesday

Cooking Club  
Art Club

### Thursday

Music Club  
Forest school Club

# Would you like to take part in a Parent and Carer Workshop?

There are several dates available of workshops that are being hosted at Brook Green Centre for Learning and Courtlands Special School.

These sessions will be 2 hours long and be split into an information session followed by a Q & A session with practitioners available from; The Zone, Young Devon and CAMHS.

These sessions are for information only and so are not a route into CAMHS nor can they discuss specific children and young people or their cases.

If this is something that you think you would be interested in, please contact me for further details.

Please note, that if you would like to go, but think that you might need some company, I am happy to take anyone and attend the workshop with them.

Hayley

Your Parent Support Adviser

## Coffee Morning Dates This Term: -

10am - 12 noon

15th November

29th November

13th December

Please come along to this informal get together. It's a lovely opportunity to meet other parents and carers.



# New to Mount Tamar School.....

## "One to One" drop in sessions with your Parent Support Adviser - Hayley

As you know, my role is to support and advise all parents and carers. Our Coffee Mornings are now up and running well, together with various other events that run throughout the academic year. However, I thought that it might be nice for you to have some allocated time, whereby you know you can pop in to school to see me, for a chat, on your own, about anything that might be concerning you. I have therefore made arrangements to make myself available on the second Tuesday of every month. You can make appointments at the following times: -

9am, 10am, 11am and 12 midday; simply call reception and Karen will book you in.

Future dates of the drop-ins are as follows: -

**13<sup>th</sup> November**

**11<sup>th</sup> December**

**PLEASE** remember that these times are simply to give you some allocated "you time". I am more than happy to come and see you at different times, here at school, at home or indeed anywhere else that you feel comfortable.

Kind Regards,

Hayley Lee - Parent Support Adviser