

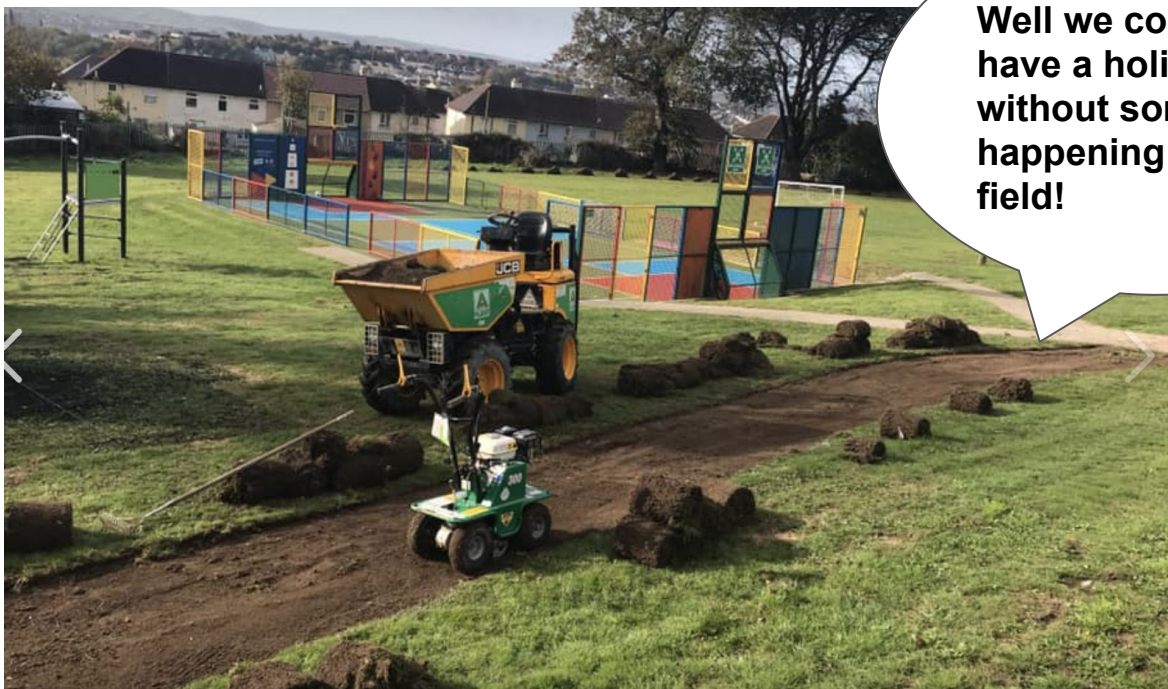


Mount Tamar  
Aspire - Adventure - Achieve



18th October 2018

# The Tamar Weekly



Well we could not have a holiday without something happening on the field!



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# A word from the Headteacher...

Well done to the Pupil Cabinet who took part in the Plymouth Youth Council at the Council Chambers. They represented the school very well indeed. We really hope that this year's group will have some great ideas and will be fully involved in taking the school to the next level.

Chey Bryce our PE teacher led the assemblies this week explaining his 'Stomp' initiative that will start after the half term. The idea is to increase the amount of outdoor exercise that our staff and pupils complete each day. In Scotland they developed a 'Daily Mile' initiative which was very successful, we hope ours will be just as much fun and will add a competitive element with an inter House top 10.

The first visible element will be the 'Angel Exercise Track' that is being built over this holiday period, kindly funded by the local incinerator North Yard Trust. The track will be used to walk and run around, which will be particularly useful in the muddy winter months. Later in the year we will be purchasing scooters and mountain bikes that can be used on the trail.

Watchout for our grand opening in December when top British Mountain Bikers will be giving a demo of what they can do on our very own track at MT!

Another exciting initiative will start also in December and will get our pupils outside solving challenges.

The Commando Joe's programme was first seen on TV in the Dragon's Den and now MT will be using it to make learning fun and also develop character skills.

How smart do they look!



## Staff Training Friday 23rd November

The **school will be closed to pupils on Friday the 23rd of November** due to staff training for an exciting new initiative we will be introducing to our pupils. More information regarding this training day has been sent home via a letter and an email.



# Well done Stanley!

Big congratulations to Stanley Parsonage for completing his Bronze award for Asdan. This is massive achievement for Stanley as he has worked really hard on his units.

## Estover Youth Worker visit

Harvey did a session with a youth worker at Estover about healthy relationships and staying safe. This was amazing opportunity to work and engage with another outside agency.

## Parliament Trip

Some of our students attended and took part in a parliament trip this week. Not only did they ask questions and participate fully in a very long and busy day but Levi volunteered to read an unseen paragraph in front of a full council chamber.

As a youth council of at least 15 schools we had to come up with ideas for supporting Service children in order to make 9 formal recommendations to the Services Covenant Committee. Mount Tamar's idea was voted on to be one of the formal recommendations.

## Data Collection Sheets

Reminder to Parents: Please return the data collection sheets, consent forms and agreements that were sent home in a pack last week. A stamped, self-addressed envelope was enclosed for your use. Please let Reception know asap if you did not receive a pack.

# Dates for your Diary



**Monday 5th November-** Children return to school after half term

**Thursday 8<sup>th</sup> November** - School Photographs

**Thursday 22<sup>nd</sup> November** - Parents trip to China Blue by Train

**Friday 23<sup>rd</sup> November** - School closed to pupils for staff training day.

## The MT Granary Farm' herb garden



# Lovely Opportunity for some Unique Christmas Presents

Your children have been busy working on some christmas designs that should be sent home to you soon. Keep an eye out for these, where you will have the opportunity to order allsorts of items such as; cards, coasters, mugs and cushions.

These items do not need to be paid for until they arrive.



## Term Dates

### **Academic year 18/19**

#### **Autumn term**

Non Pupil days: and 19th October and 23rd November 2018  
Half term 22nd October- 2nd November 2018 (2 week break)  
Term ends-21st December 2018

#### **Spring term**

School starts: Friday 4th January 2019  
Half term: 18th February- 22nd February 2019  
Term ends: 5th April 2019

#### **Summer term**

School starts- 23rd April 2019  
Bank holiday- Monday 6th May 2019  
Half term-27th May-31st May 2019  
Term ends- 26th July 2019



# Helping Hands

## Programmes For Parents & Carers At Mount Tamar School

### Autism Awareness

**13<sup>th</sup> November 2018 11.00 am to 1.00 pm**

We very much understand that when your child is diagnosed as being on the autistic spectrum, it can be a very scary time. Not only have you as parents/carers, been through a very difficult journey before your child has been diagnosed, you now need to work out how best to look forward to your future, as a family.

Our Therapist Team would like to give some support and guidance on dealing with the complications that go along side living with a child with Autism; enabling your family to regain some positivity and enjoyment.

Please let me know if you would like to come along.  
Hayley - Your PSA.





I am planning a trip for Parents/Carers on  
**Thursday 22<sup>nd</sup> November.**

We will be meeting at Plymouth Train Station  
at 9.30am to get the 9.49am train to Totnes.

We will then walk across the road to China  
Blue, where we can enjoy painting some  
pottery, followed by a lovely lunch. The train  
home gets in to Plymouth at 2.21pm.

This will be a lovely day out. I know that lots  
of you have expressed an interest, but I need  
firm numbers now, so that I can book it all.  
Can you please call me on 355018 to let me  
know if you are coming?

If I'm not there, please leave a message.

Your PSA Hayley



## Free Information Event

For parents/ carers of year 9 and year 10 students  
with Education, Health and Care Plans

Supported Internships

Post 16 Education  
Options

Supported Employment

Work Experience  
Opportunities

Mentoring

Personal Development

Pre-employment  
Programmes

Apprenticeships

Volunteering

Find out more about the Post 16 options and pathways  
for students with EHCP.

### Venues and Dates:

*(Limited places available)*

- |                                     |   |                                   |
|-------------------------------------|---|-----------------------------------|
| City College Plymouth               | - | Monday 12th November, 7:00-8:30pm |
| Plymouth School of<br>Creative Arts | - | Monday 19th November, 7:00-8:30pm |

To book a place or for more information  
contact an adviser by emailing  
[parentsevent@cswgroup.co.uk](mailto:parentsevent@cswgroup.co.uk)  
or phone Kate: 07786334616/ Sherri: 07786126330



## Short Breaks Family Fun Days



The Short Breaks Service and the Sports Development Unit are working together to provide families with disabled children the opportunity to use the excellent facilities at the Plymouth Life Centre and to take part in a range of sports and activities. If you are a parent or carer of a disabled child aged 6 to 18 who lives within Plymouth, this free event allows your whole family to take part in an afternoon of various activities.

- Sunday 28 October
- 1pm – 5pm
- Plymouth Life Centre, Mayflower Drive, Plymouth, PL2 3DG
- Cost: FREE!
- Activities will include Dodgeball, Tennis, Climbing, Trampolining, and Swimming



For more information and to register your interest please call the Sports Development Unit on 01752 307008 or email Ben Kerswell at [ben.kerswell@plymouth.gov.uk](mailto:ben.kerswell@plymouth.gov.uk)

These events are part of the Plymouth City Council Short Breaks offer for disabled children. To be eligible to access these events your child must live in Plymouth and have a diagnosis of a disability and attend a special school or support centre, although they may still be eligible if they attend a mainstream school and are supported by an EHC Plan.



OFFICIAL



## Does your child attend after school clubs?

*We had a telephone call from one of our parents this week, saying that since their child has been attending after school clubs, it has made a real difference to how he is coming home from school, he is happier and life is easier in the evenings.*

*It's always nice to receive positive feedback and be able to share it with you all.*

# Term 1

## After School Clubs Here At Mount Tamar

Monday
Hockey Club Homework Club Primary Homework Club Secondary

Tuesday
Cooking Club Art Club

Thursday
Music Club Forest school Club



# Would you like to take part in a Parent and Carer Workshop?

There are several dates available of workshops that are being hosted at Brook Green Centre for Learning and Courtlands Special School.

These sessions will be 2 hours long and be split into an information session followed by a Q & A session with practitioners available from; The Zone, Young Devon and CAMHS.

These sessions are for information only and so are not a route into CAMHS nor can they discuss specific children and young people or their cases.

If this is something that you think you would be interested in, please contact me for further details.

Please note, that if you would like to go, but think that you might need some company, I am happy to take anyone and attend the workshop with them.

Hayley

Your Parent Support Adviser

## Coffee Morning Dates This Term: -

10am - 12 noon

15th November

29th November

13th December

Please come along to this informal get together. It's a lovely opportunity to meet other parents and carers.



# New to Mount Tamar School.....

## "One to One" drop in sessions with your Parent Support Adviser - Hayley

As you know, my role is to support and advise all parents and carers. Our Coffee Mornings are now up and running well, together with various other events that run throughout the academic year. However, I thought that it might be nice for you to have some allocated time, whereby you know you can pop in to school to see me, for a chat, on your own, about anything that might be concerning you. I have therefore made arrangements to make myself available on the second Tuesday of every month. You can make appointments at the following times: -

9am, 10am, 11am and 12 midday; simply call reception and Karen will book you in.

Future dates of the drop-ins are as follows: -

**13<sup>th</sup> November**

**11<sup>th</sup> December**

**PLEASE** remember that these times are simply to give you some allocated "you time". I am more than happy to come and see you at different times, here at school, at home or indeed anywhere else that you feel comfortable.

Kind Regards,

Hayley Lee - Parent Support Adviser





The Friends of Mt. Edgcumbe Country  
Park

*Registered Charity No. 295261*

# Children's Spooky Trail

Mount Edgcumbe Country Park  
Sunday 28<sup>th</sup> October

Put on your most **Spooktacular** costume and come and join in the fun

Register to take part at the Barrow Centre

Registration starts at 12 noon – last registration 2:45pm – the trail closes at 4pm

There will be a fancy dress competition for all ages. This will be held at 1:30 pm on the terrace in front of the House with prizes for the **scariest** costumes

**£3 per child – a goody bag at the end for all registered**

Don't forget to wear your coats and wellies in case it **Rains**

For more information follow us on [www.mountedgcumbe.gov.uk](http://www.mountedgcumbe.gov.uk),  
Facebook or 'events' on [friends-of-mount-edgcumbe.org.uk](http://friends-of-mount-edgcumbe.org.uk)

