

Mount Tamar Aspire - Adventure - Achieve

The Tamar Weekly



14th June 2019

# <image>

Mount Tamar School and Drake's View House Part of the Quay Partnership Tel: (01752) 365 128 www.mounttamar.org.uk/ Email: admin@mounttamar.org.uk



# A word from the Headteacher...

Plymouth as a city have the Thrive initiative as you can see illustrated below. As a school we always promote healthy lifestyles with our pupils through discussion, exercise, food and through our PSHE curriculum. This week has been a whole week of healthy food where the pupils have been trying new food and snacks. You can see the results on our Facebook pages. Please let us know if your child has come home and tried something new with you.

Other areas that the staff have been working on are Prevent, which is looking for the signs of radicalisation, Britishness and assessing risk. We work with the Local Authority and other agencies such as the Youth Service and the Police to ensure that we are all fully trained to support the pupils here. Lots of information for you to look at from home is on our school website.

Lots of great things going on here this week - we need all of you to cross your fingers for next Friday when we travel to London to the TES Awards! Have a great weekend.



# Word of the Week

### w/c: 17/6/19

Mesmerize-to capture the complete attention of someone.







# **Dates for your Diary**



Thursday 20th June- Parent/Carer Coffee Morning Tuesday July 2nd- Presentation evening, BBQ and parents evening Thursday 4th July 10am- 1pm- Jewellery Workshop for Parents & Carers Friday morning 5th July- Sports Day at Brickfields Friday 19th July- Street Factory Performance



# Good Luck Angel!

Good luck to Angel who is competing in the North Wales Elite Dance championship this weekend!

# Secondary uniform

Just a reminder that in secondary, pupils have a choice of uniform. They can continue as they are, or start to wear the white shirt, tie and blazer as shown here.



# Marble Run

In Personal Development this week CR Class have been building a marble run. They have been thinking about what roles are needed for a team to be effective?





# **CR Drama Lessons**





In CR Class Drama lessons this week, they decided what their sign language will look like.

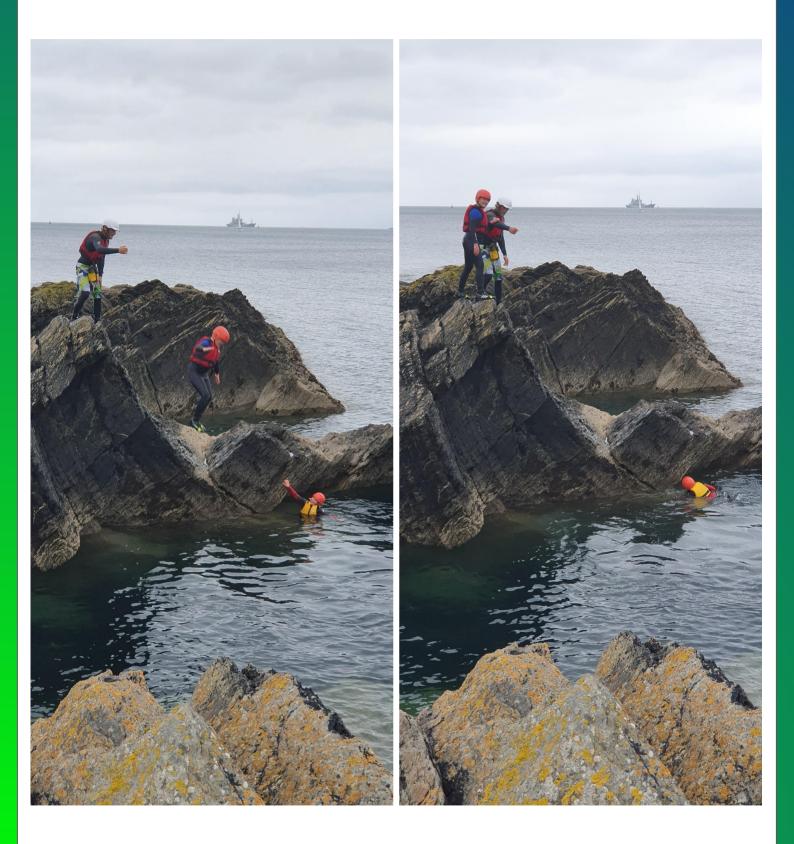
# SL Class Trip to the Zoo

Class SL had a great trip to the zoo, Morgan really enjoyed the deer and Harvey loved the rabbits.



# Coasteering

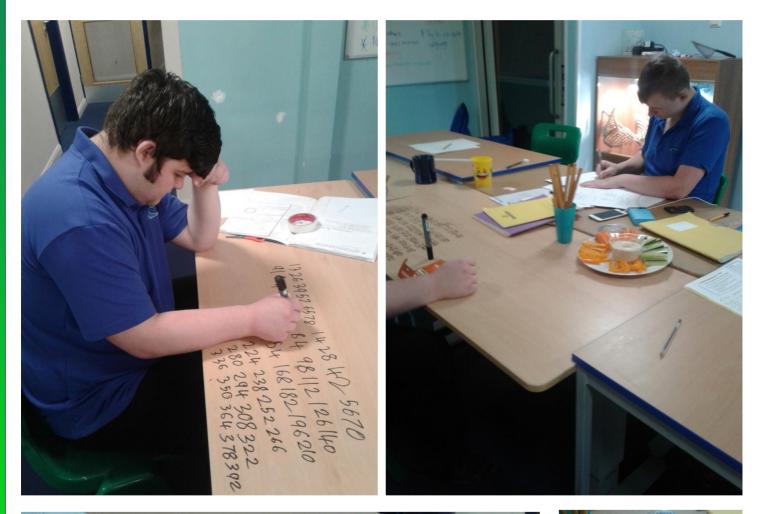
Class EW went coasteering today with Tom. They had a great time, here are a few photos of their adventures!



# **News from Downham**

Josh came out of his classroom this morning and joined the group, he decided to do some mental maths, completing his 13 and 14 times table on the table independently. Carol Vorderman was mentioned - but he had no idea who she was!

As part of healthy eating week Downham students tired new foods. The boys enjoyed this



1326395265781428425670 9/104117130143849981/2126140 156169182195 208221234247 260273286299 312325338351 264377390403326350364378392



# **News from Downham**

Downham have had a busy few days making fresh pasties and burgers. These have been enjoyed by the students. These have been made by our year 11 student Alex who is currently doing his life skills as he is due to leave us shortly. Well done Alex!



# **Healthy Eating Week**

This week has been healthy eating week, the students have have been learning about the benefits of eating a healthy diet and have been able to try a variety of fruit and vegetables. CR Class had an amazing lesson about the eatwell plate, they used their own foods and the students decided where they went on the plate. Students from EW Class have also been busy creating a fruit and vegetable buffet for students all the students to try. Here are some photos from the week.







# Healthy Eating Week









# Science Quiz

## Can you crack the code?

# The first pupil who comes to Mrs Storry with the correct answer wins a prize!

Acids and alkalis

Crack the code to see what you will be asked to do today?

Clues	Word	Take	Write the letter
A rainbow has 7 of these		The second letter of the word	
The colour of an alkali with litmus			
You wash your hands with this	ish your hands with The first letter of the word		
An acid you put on pancakes		The second letter of the word	
It detects acids and alkalis	and alkalis The last letter of the word		
An acid served on chips		The first letter of the word	
The colour of an acid with litmus		The second letter of the word	

# Reminder LOST PROPERTY

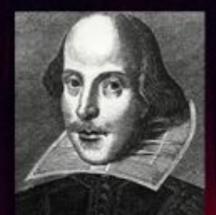
We have recently received a lot of feedback from parents and carers that children are "misplacing" items of school uniform. We appreciate that this can be costly and want to try to help as much as possible.

As such, we now have a new system in place in school.

We now have a lost property "container" that will be stored in the kitchen next to reception. Cleaners and hostel staff will place any items found in this bin. Hopefully, this will make it easier for children, staff and parents to find any missing items.

Please note that the container will be emptied at the end of each term.

Also be aware that you can always give me a call to have a look for you. Kind Regards Hayley 01752 355018



### The Terrace Mount Tamar School

hakespear

Free Entry

# An Introduction to Shakespeare

June

To be there or not to be there? That is the question...

TARTS AT 4P

A work in progress theatre in education performance with interactive workshop.

Parents/ Carers welcome to attend

# Term Dates 2019/2020

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### Summer Holidays

- Last day of term: 26th July 2019
- First day back to school: 4th September 2019

### October Half Term

- Last day of term: 18th October 2019
- First day back to school: 5th November 2019

### Christmas Holidays

- Last day of term: 20th December 2019
- First day back to school: 6th January 2020

### February Half Term

- Last day of term: 14th February 2020
- First day back to school: 24th February 2020

### Easter Holidays

- Last day of term: 27th March 2020
- First day back to school: 14th April 2020

### May Bank Holiday

- 4th May 2020-

### May Half Term

- Last day of term: 22nd May 2020
- First day back to school: 1st June 2020

### Summer Holiday

- Last day of term: 24th July 2020

# Jewellery Workshop for Parents & Carers



Hayley Lee our Parent Support Advisor will be holding a jewellery workshop on Thursday the 4th July 10am -1pm for Parents and Carers to attend.

Please come along to this session as it is a lovely opportunity to meet other parents & carers and to make something special to take home.

For more details please contact Hayley on 01752 355018

# Coffee Morning for Parents & Carers



Next coffee morning dates:

20th June 4th July 18th July

Please come along to this informal get together. It's a lovely opportunity to meet other parents and carers.



We have a new group starting **Saturday 15<sup>th</sup> June 2019** and we still have a few FREE funded places available for families who may benefit.

Arterne CIC and Beach Schools South West work in partnership to deliver activity based group work on the beach as a 5 week psycho-educational programme focusing on mental health promotion to support challenges at home or at school, through family based intervention. A full-term arrangement to support families and young people is also available and can be supported by individual work where required. Please see below link for further information:

https://mailchi.mp/b6623c4bf92f/sea-ing-changes-321507

SEA-ing Changes offers an intensive group programme that has been developed as a result of the profound positive outcomes of outdoor learning on the beach and systemic working with families.

If you could please complete the attached form and return to us asap we will be able to get them started on Saturday.

If you would like to find out more information please feel free to contact Arterne Enquiries on 07554665461 or email:enquiries@arterne.com



GROWING TOGETHER 16-24 years SEND group PREPARING FOR ADULTHOOD & BUILDING SKILLS FOR LIFE IN FUN, ADVENTUROUS AND CHALLENGING WAYS!

Vocational activities & social group for young adults.

INFORMATION EVENING FOR YOUNG PEOPLE &PARENTS/CARERS MONDAY 24TH JUNE 5-7PM INTERESTED? IDEAS? QUERIES? EMAIL US devonportparkerouteways.org.uk TEL: 01752 856719 DEVONPORT PARK ACTIVITY CENTRE





Registered Office Routeways Centre Limited, Devonport Park Activity Centre, Fore Street Plymouth, PL1 48U Charity Registration Number 1080543. Company Registration Number 3420867 www.routeways.org.uk

### 8th June ART focus : Mushroom/toadstool art, sculpture and mushroom inspired musical instruments. 15th June MUSIC focus: Workshop with Darren , making picnic foods and celebrating men who are role models to us.

22nd June COOKING focus: using produce from the garden and mushrooms in cooking.

29th June Armed forces day focus: Obstacle courses, PT circuits, challenges, marching and drills.

6th July OUTDOORS focus: Visit from the Plymouth Special Olympics manager - find out how you can join in and support them.

13th July ART focus : Creating using natural materials- bees , butterflies and bugs

20th July MUSIC focus : Workshop with Darren - parents/carers please come and join us at 12 o'clock so your young people can showcase their talents to you!

22nd July COOKING focus: fruit kebabs and ice lollies

### **Registered Office Routeways Centre Limited,** Devonport Park Activity Centre, Fore Street Plymouth, PL1 4BU Charity Registration Number 1080543. Company Registration Number 3420867 www.routeways.org.uk

June/July Sessions: The Natural World

Routeways Saturdays 10-1pm £5 per session

**Rooted Juniors Sessions** 















# Rooted Seniors SessionsRooted Seniors SessionsRooted Seniors SessionAutism & Mondays 4-7 pm £5 per sessionAutism & disability friendly social group ages 12-18 yrsJune/July Sessions3rd June Setting up the fungus lab .Oth June Celebrating those men close to us through<br/>performance art. Creating our favourite sandwich.17th June Cooking a 2 course meal.

24th June Thinking about those in the Armed Forces past and present. Visit to Mountbatten to view the RAF memorial. Meal out in Mountbatten.

1st July Bee and butterflies survey around the park - meal at the Pavillion Cafe .

8th July Creating using natural materials- bees and a bee hive. Cooking with honey.

15th July Karaoke and pizza night

22nd July Cooking a 2 course meal using honey, making chocolate bees.



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