

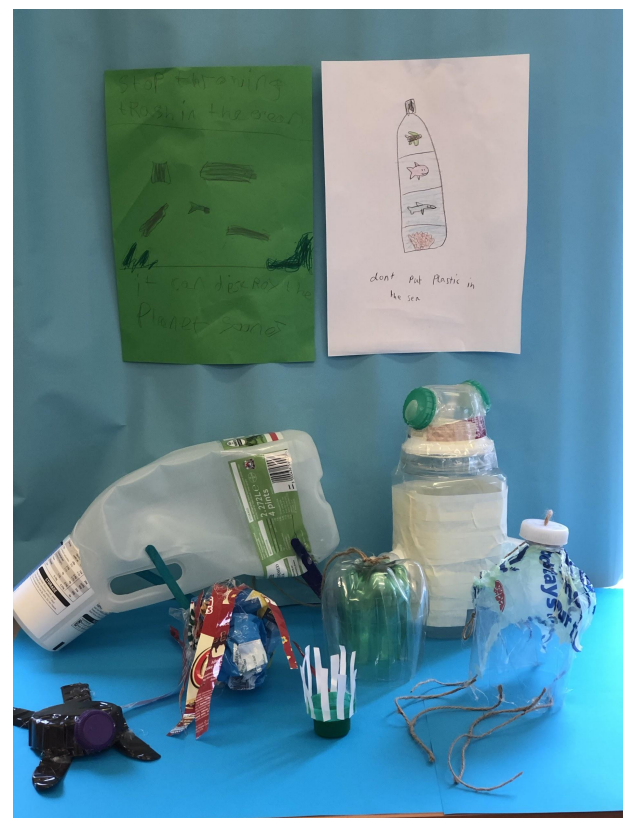
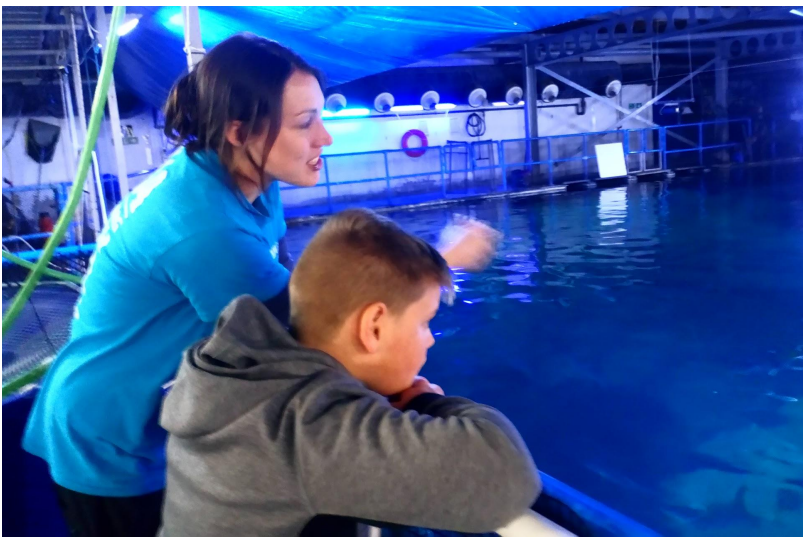


Mount Tamar
Aspire - Adventure - Achieve



3rd May
2019

The Tamar Weekly

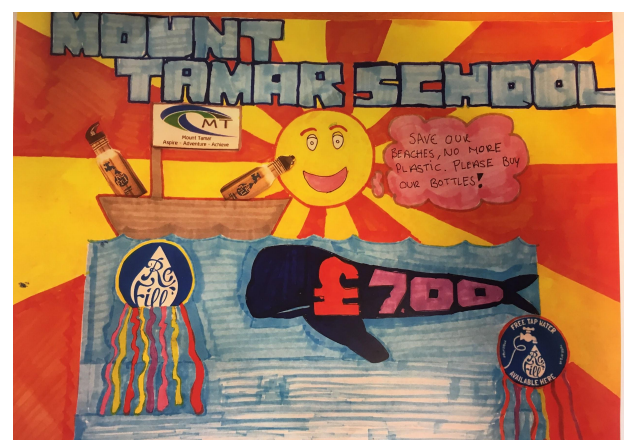


Mount Tamar School and
Drake's View House
Part of the Quay Partnership

Tel: (01752) 365 128

www.mounttamar.org.uk/

Email: admin@mounttamar.org.uk



A word from the Headteacher...

Our curriculum aims to give a balance of learning opportunities covering both academic, life skills and social skills. With this in mind we are adding to all pupil timetables a subject called Personal Development (PD) which will be taken by your child's Tutor. PD will cover a variety of topics throughout the year including: PSHE, teamwork, citizenship and leadership skills and we aim to keep these sessions as practical as we can whilst covering all the important areas we need to. Other changes will be the introduction of class based music lessons in Primary, the use of the Tech room for a more practical lesson and the continuation of our Commando Joe's challenges that are our exciting way of teaching the topic curriculum. We have recently had a new computing teacher start, Jonathan Page, who will work across the school and we will have a new Science teacher starting after the half term holidays to teach all the science in the secondary school. KS4 will develop the successful sport lessons they have had this year, by going off site each Friday together to places such as the Life Centre and the golf driving range for what we are calling their 'Health' sessions, looking at all the options in the local area for leisure.

The tutor group staff changes will come to you in the last week of the term along with the new timetables. If you have any questions please do let us know.

Please keep up to date with all that is happening through our Facebook and Twitter pages, we use social media daily to update and inform carers and parents of what has been going on in and around school and future events. We are always striving for excellence, if you have any suggestions for how we can improve come in and have a chat to Hayley or Sandra.

Word of the week...

w/c: 7/5/19



Forthright

Definition: the confidence to speak your mind clearly.

CR Class Tenner Challenge

Class CR have worked extremely hard over the past 3 months setting up their Tenner Challenge project. This is a National enterprise challenge helping to develop an enterprise mindset and prepare for the world of work as the class make as much profit as possible from a £10.00 pledge by the organisation.

The students worked hard researching ideas of what the product could be that would bring in the most revenue. After much discussion and intense debate the students came across a project being run by a charity named Beach Care South West and South West Water.

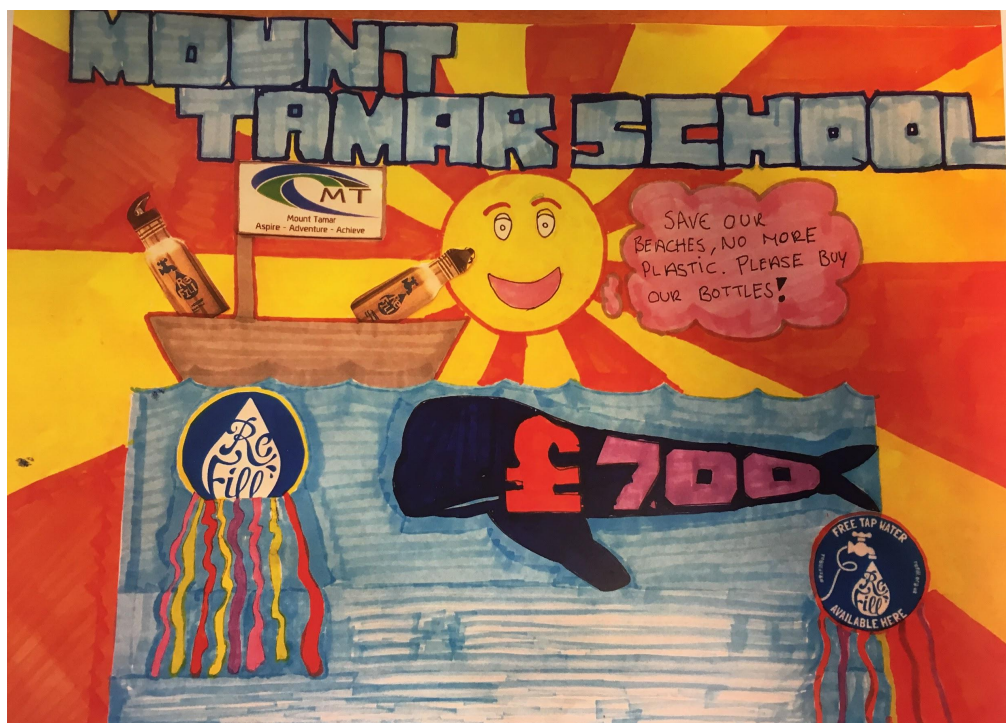
The project is to encourage members of the public to purchase a stainless steel bottle and reduce the impact on the environment by eliminating single use plastic water bottles. Students liaised with Neil Hembrow of Beach Care South West who visited the centre and talked with the class about their ideas and how they are going to start their mini enterprise. Neil was very impressed with their motivation and enthusiasm for saving our beaches from unwanted plastic.

Class CR purchased a number of bottles from Beach Care South West and went into designing their promotional leaflets and posters.

Class CR now have a stand in reception where their bottles are displayed & they can be purchased from reception for a cost of £7.00 each, with £1.00 from every bottle going to The National Autistic Society. One student said that a lot of their friends and family members are affected by autism and they would like to give something back to a charity that supports them through difficult times.

If you would like to purchase a bottle then please either go to our reception or email Miss Ritchie on clairer@mounttamar.org.uk

If you would like any more information then please get in contact our class would love to talk you through their mini enterprise.



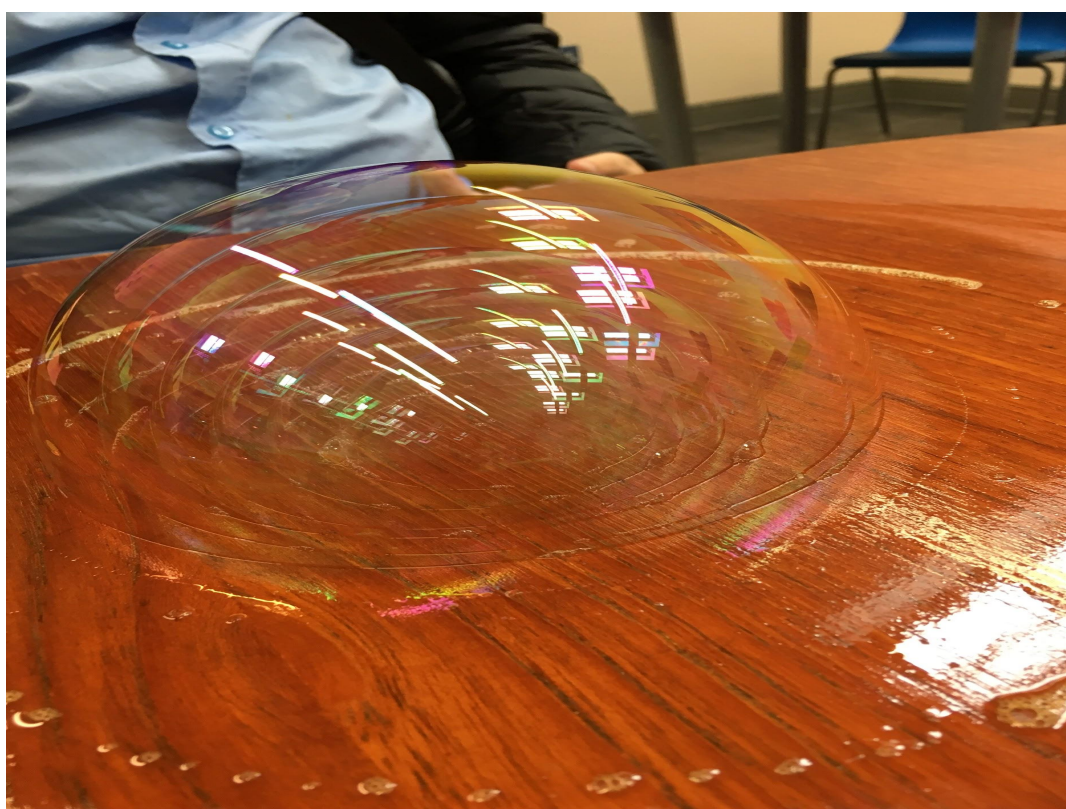
Roller Coaster Building

The boys at the Prospect Centre have been building their roller coaster in science class this week.



Darwin Centre

Art and science came together at our Darwin Centre - prints created from a mixture of soap, water and paint which is blown to form bubbles, trapped as a thin layer on paper. Our students also enjoyed forming bubbles within bubbles - the record is seven.



Merlins Class School Trip

Merlin class had a lovely forest school trip last Thursday. Thank you Jody for giving the class these experiences.



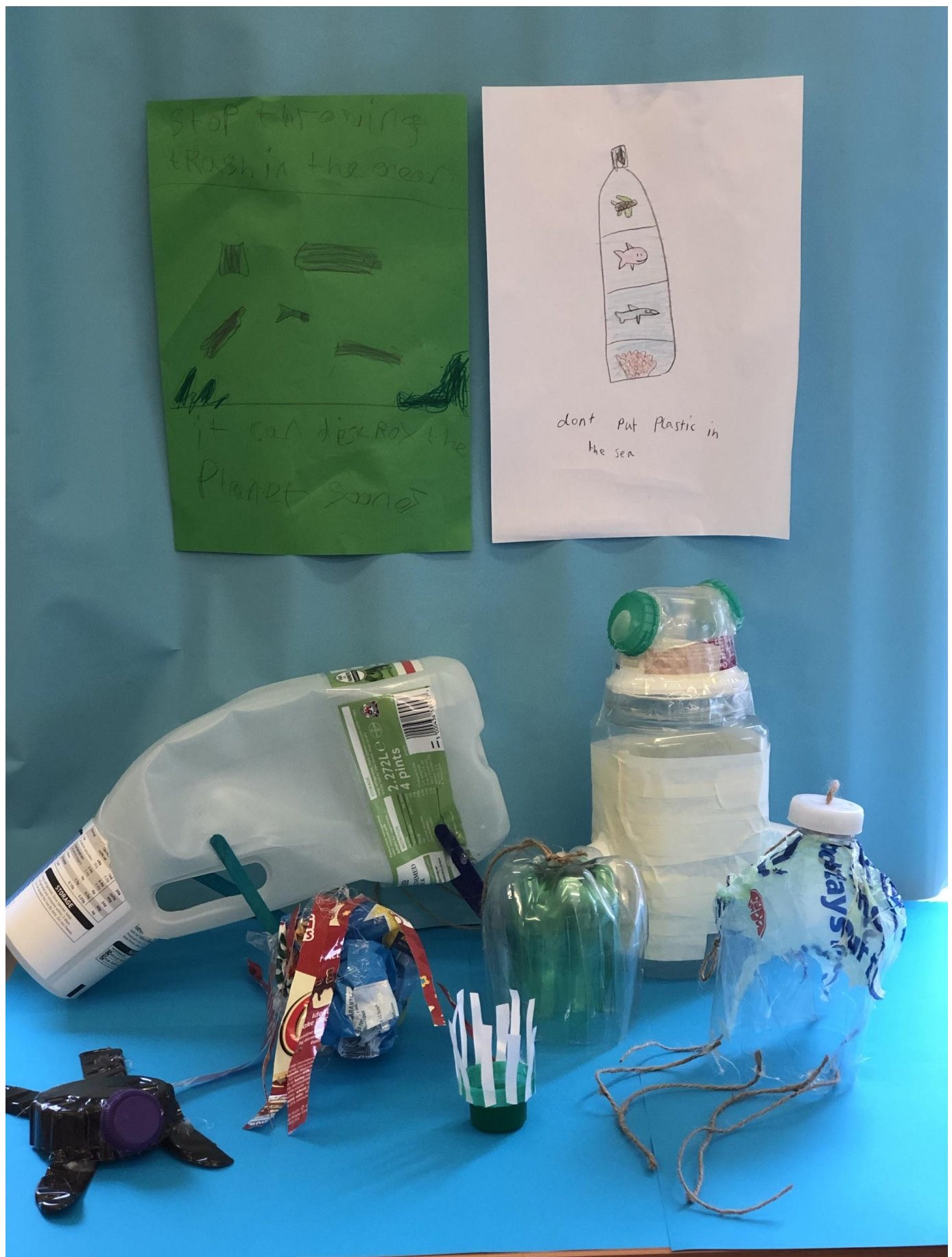
Social Skills

Last week, pupils at the Prospect Centre played a game of friendly faces in social skills. This enables the children to learn different emotions and how to cope in different situations.



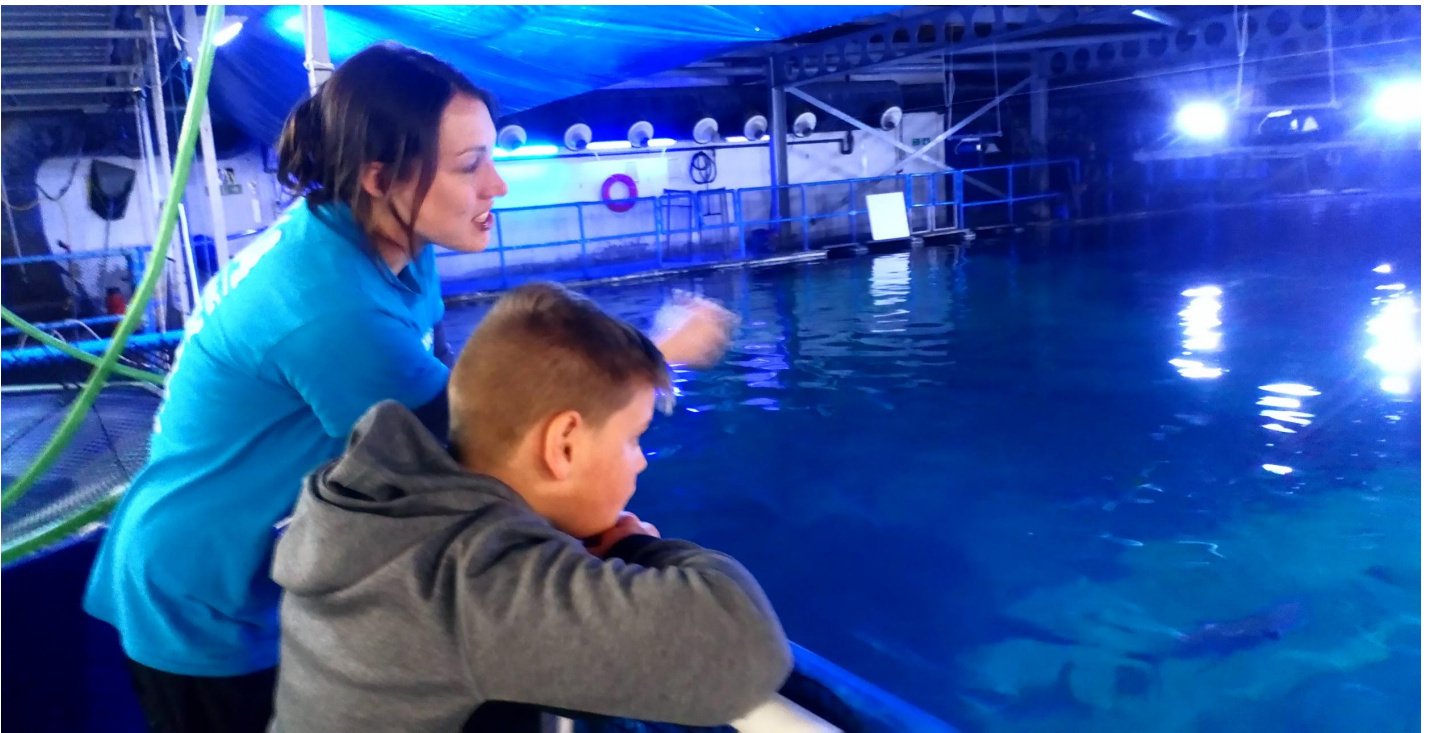
Ocean Plastic

Children in Merlins have had a good week researching the impact plastic has on the oceans and the animals. They've even made some lovely animals out of plastic.



Sharks at the Aquarium

Class SL got a real treat at the Aquarium. They got to go back stage of the shark tank and see what happens 'behind the scenes', they also helped to prepare the vitamins for the zebra shark.





Mount Tamar School has been SHORTLISTED FOR THE TES SCHOOLS AWARDS 2019

The most outstanding individuals and institutions that the education sector has to offer have been recognised in the shortlist for the Tes Schools Awards 2019.

Tes editor Ann Mroz said: It is wonderful to see such great ideas and excellent practice emerging from our schools and teachers, especially at a time when schools are under financial pressure. We had a record number of entries this year and the standard was very high, so all those shortlisted should be very proud: it's an extraordinary achievement to be on this shortlist.

The winners will be revealed at our gala awards evening at the Grosvenor House Hotel, Park Lane, London on

Friday 21 June 2019.

tesawards.co.uk

It's been revealed that we have been shortlisted for the following awards:

- 1. Special school provision of the year - Mount Tamar School**
- 2. Maths teacher of the year - Emma Wilton**
- 3. New teacher of the year - Susie Kendall**
- 4. Teaching Assistant of the year - Gary Maule**

Well done to all of our staff, pupils and parents!

Good Luck Callum

Good luck to Callum from our HK class as he takes to Twickenham pitch this Saturday, representing Devonport Services U11's Rugby Club in a mini tournament prior to the Army v Navy Rugby Match.



Dates for your Diary



Monday 6th May- Bank Holiday

Thursday 9th May- Parent/Carer Coffee Morning

Tuesday 14th May 11am-1pm - Managing Distressed Behaviours Information Session - all parents and carers welcome

Thursday 23rd May- Parent/Carer Coffee Morning

Term Dates 2019/2020



May Bank Holiday

- 6th May 2019

May Half Term

- Last day of term: 24th May 2019
- First day back to school: 3rd June 2019

Summer Holidays

- Last day of term: 26th July 2019
- First day back to school: 4th September 2019

October Half Term

- Last day of term: 18th October 2019
- First day back to school: 5th November 2019

Christmas Holidays

- Last day of term: 20th December 2019
- First day back to school: 6th January 2020

February Half Term

- Last day of term: 14th February 2020
- First day back to school: 24th February 2020

Easter Holidays

- Last day of term: 27th March 2020
- First day back to school: 14th April 2020

May Bank Holiday

- 4th May 2020-

May Half Term

- Last day of term: 22nd May 2020
- First day back to school: 1st June 2020

Summer Holiday

- Last day of term: 24th July 2020

Managing Distressed Behaviours

Tuesday 14th May

11am until 1 pm

Therapy Suite

Barbara Marshall, one of the ladies from our Therapy Team is running an information session for all parents and/or carers.

The theme for this session is Managing Distressed Behaviours.

We will be aiming to explore the changes which can occur when a person is overwhelmed by life events and the strategies that caregivers may have in their tool box to help their child.

For more information contact our Parent Support Advisor Hayley Lee on 01752 355018 or email h_lee@mounttamar.org.uk



Come and try Horse Riding

South Dartmoor Riding for the Disabled meets at Fitzworthy Equestrian Centre (PL21 9PH).

Our activities are specially designed for children and adults with physical and/or learning difficulties to receive physical and psychosocial therapy, enjoyment and a chance to achieve goals.

Why not join us today.

It's what you
can
do that counts

SOUTH DARTMOOR RDA

We meet on **Tuesdays** between 6:15 pm and 8 pm (each session is 45 minutes and we make a small charge of £5 per session to help cover the cost of hiring ponies and the indoor arena)

If you'd like to know more, please call Pauline on 01752 704134 or you can email us on jane.ford@mvvuk.co.uk

www.southdartmoorrda.uk

www.rda.org.uk



RDA 
Riding for the Disabled Association
Incorporating Carriage Driving



Sugar

Kids are having over 2 times more sugar than they should!

How sugar affects our kids



Too much sugar is bad for children's health as it can lead to the **build-up of harmful fat** on the inside that we can't see. This fat can cause weight gain and serious diseases like type 2 diabetes, which people are getting younger than ever before, and **heart disease** and **some cancers**. It can also lead to painful **tooth decay** and every 10 minutes, a child in England has a tooth removed in hospital.

Sugar: maximum daily amounts

4-6 years



5 cubes (19 grams)

7-10 years



6 cubes (24 grams)

11+ years



7 cubes (30 grams)

*1 cube = 4g sugar

This information was gathered from the NHS Change for Life website, do take a look as it give many helpful tips on how to reduce your child's sugar intake.

<https://www.nhs.uk/change4life/food-facts/sugar>

Hayley Lee PSA

Coffee Morning for Parents & Carers



Next coffee morning dates:

**9th May
23rd May**

**Please come along to this informal
get together. It's a lovely opportunity
to meet other parents and carers.**

HappyMaps⁹



A website for parents and carers.

Reliable and up-to-date resources on
emotional health for your children.

For all ages from babies to young adults.

www.happymaps.co.uk

Worried about your child's behaviour or mental health ?

Not sure where to start looking for help ?

HappyMaps will guide you to websites, books, videos and
Apps to help you and your child plus there is information
on being referred for specialist help, how to find
counselling and parent support groups.

FREE INFORMATION EVENT

Tuesday 14 May, 4.30pm - 6.30pm
Kings Road, PL1 5QG

**For parents or carers of Year 9 and
Year 10 students with Education,
Health and Care Plans (EHCPs)**

You are cordially invited to visit City College
Plymouth to view our amazing facilities and
to find out about the post-16 options and
pathways for students with EHCPs

- Supported Internships
- Post-16 Education Options
- Personal Development
- Pre-employment Programmes
- Apprenticeships



**BE PART
OF IT**

Please register your attendance by
calling **01752 305885** or e-mail
learningsupport@cityplym.ac.uk

Age Restrictions for Social Media Platforms

Twitter
Facebook
Instagram
Pinterest
Google+
Tumblr
Reddit
Snapchat
Secret



LinkedIn



WhatsApp



Vine
Tinder



Path



YouTube
Keek
Foursquare
WeChat
Kik
Flickr





SEA-ing Changes is a collaboration between Arterne: Enriching the next generation CIC and Beach Schools South West which offers an activity based group programme on the beach, for whole families, focused on mental health promotion and behavioural aspects. Families are invited to attend 5 sessions on the beach and will take part in a number of activities and discussions. The group programme can take place during all weathers.

1.	4 th May 2019 (provisional) 09:30 – 12:30 / 13:30 – 16:30	Bovisand Beach
2.	18 th May 2019 (provisional) 09:30 – 12:30 / 13:30 – 16:30	Bovisand Beach
3.	1 st June 2019 (provisional) 09:30 – 12:30 / 13:30 – 16:30	Bovisand Beach
4.	15 th June 2019 (provisional) 09:30 – 12:30 / 13:30 – 16:30	Bovisand Beach
5.	29 th June 2019 (provisional)ffn 09:30 – 12:30 / 13:30 – 16:30	Bovisand Beach

If you are a professional wanting to reserve a place for a family, please contact Arterne CIC on 07554665461 or Beach Schools South West on 07824388079

Arterne website details: www.arterne.com

Beach Schools South West website details: www.beachschoolssouthwest.co.uk



For Your Interest April Newsletter (FYI)

Our April edition of For Your Interest is now available to download from our website. It contains a wealth of information on activities and events in the Plymouth area (many free) that will keep your family entertained over the Easter Holidays and beyond.

You can access the newsletter via the link below:



[For Your Interest: April 2016](#) (PDF - 8.72MB)

www.plymouthias.org.uk/information-support/for-your-interest

Progeny

Parent and Carer Workshops Mental Health Awareness and Young People

Location	Date and Time
Courtlands Special School	Wednesday 12th June 2019 9;30am-11:30am

These workshops are split into a 1 hour information session with the second hour providing an opportunity for Parents and Carers to ask questions/gain information from a panel of professionals comprising of The Zone, CAMHS and Young Devon.

Please contact The Zone for further information and to book these sessions.

The Zone

Registered office: Youth Enquiry Service (Plymouth) Ltd,
14-16 Union Street,
Derry's Cross,
Plymouth
PL1 2SR

T: 01752 206626 M: 07837066484 W: www.thezoneplymouth.co.uk



Plymouth Parent Carer Voice Events

The information below is about forthcoming events that parents and carers with children and young people with SEND might like to be involved with.



- [Family Fun Day](#) - Wednesday 20 February 2019
A family fun day for families with children with Special Educational Needs and Disabilities.
- [Accessing Public Services with CEREBRA](#) - Monday 4 March 2019
A workshop for parents / carer and professionals who support them.
- [Behaviour Toolkit \(Primary\)](#) - Monday 29 April 2019
A workshop for families wanting support in making a behaviour plan.
- [SEND parent carer Conference](#) 9.30-2.30 Wednesday 8th May 2019
<https://www.eventbrite.co.uk/e/ppcv-parent-carer-send-conference-080519-tickets-56588074454>
- [Sleep with Cerebra - Primary School](#) at the Guildhall 10-2pm Tuesday 4th June 2019 for parents and carers
- <https://www.eventbrite.co.uk/e/ppcv-sleep-with-cerebra-primary-school-tickets-56946061202>

Bookings can be made through Eventbrite by clicking the links above.

For more information please contact Claire Paddon at: claire@plymouthpcv.co.uk

Exam Timetable 2019 Maths English and Science

Cambridge	627	English First language (Core)	Paper 1	Core	1 Hour 30 Mins	Tuesday	1st May 2019 AM
AQA	8461/1F	Biology	Paper 1	Foundation Tier	1 Hour 45 Mins	Tuesday	14th May 2019 PM
Pearson Edexcel	1MA1 1F	Mathematics	Paper 1	Non Calculator Foundation Tier	1 Hour 30 Mins	Tuesday	21st May 2019
AQA	8463/1F	Physics	Paper 1	Foundation Tier	1 Hour 45 Mins	Wednesday	22nd May 2019
Pearson Edexcel	1MA1 2F	Mathematics	Paper 2	Calculator Foundation Tier	1 Hour 30 Mins	Thursday	6th June 2019
AQA	8461/2F	Biology	Paper 2	Foundation Tier	1 Hour 45 Mins	Friday	7th June 2019 PM
Pearson Edexcel	1MA1 3F	Mathematics	Paper 3	Calculator Foundation Tier	1 Hour 30 Mins	Tuesday	11th June 2019
AQA	8463/2F	Physics	Paper 2	Foundation Tier	1h 45m		14 June 2019 am

Note - Friday PM for the Biology AQA Exam Paper 2

Information for parents:

2019 national curriculum tests at the end of key stages 1 and 2



Standards
& Testing
Agency

Key stage 1 tests – year 2 pupils

Your child's teacher is responsible for judging the standards your child is working at in English reading, English writing, mathematics and science, by the end of key stage 1. To help inform those judgements, pupils sit national curriculum tests in English and mathematics, commonly called SATs. They may also sit an optional test in English grammar, punctuation and spelling.

The tests are a tool for teachers to help them measure your child's performance and identify their needs as they move into key stage 2. They also allow teachers to see how your child is performing against national expected standards.

The tests can be taken any time during May and they are not strictly timed. Pupils may not even know they are taking them as many teachers will incorporate them into everyday classroom activities.

Subject	Test paper
English reading	Short text and questions Long text with separate questions
Mathematics	Arithmetic Mathematical reasoning
English grammar, punctuation and spelling (optional test)	Spelling Punctuation and grammar (including vocabulary)

Teachers will use the results from these tests, along with the work your child has done throughout the year, to help them reach their own judgements about how your child is progressing at the end of key stage 1.

These teacher assessment judgements will be reported to you by the end of the summer term.

Key stage 2 tests – year 6 pupils

If you have a child in year 6, at the end of key stage 2, they will take national curriculum tests in English grammar, punctuation and spelling, English reading and mathematics.

The tests help measure the progress pupils have made and identify if they need additional support in a certain area. The tests are also used to assess schools' performance and to produce national performance data.

The key stage 2 tests will be taken on set dates unless your child is absent, in which case they may be able to take them up to 5 school days afterwards.

Date	Subject	Test paper
Monday 13 May	English grammar, punctuation and spelling	Punctuation and grammar (including vocabulary) Spelling
Tuesday 14 May	English reading	English reading
Wednesday 15 May	Mathematics	Arithmetic Mathematical reasoning
Thursday 16 May	Mathematics	Mathematical reasoning

At the end of the summer term you should receive test results for:

- English grammar, punctuation and spelling
- English reading
- mathematics

Teacher assessment

As there is no test for English writing, this will be reported as a teacher assessment judgement. This is a judgement teachers will make, based on your child's work at the end of key stage 2. You will also receive a teacher assessment judgement for science.



How can you help your child to prepare?

Teachers will make sure all pupils in their class are prepared for the tests. There's nothing specifically test-related that you should do to prepare your child.

You should follow the general advice teachers give about supporting your child's education throughout the year.

What do the tests look like?

You can look at [past papers](#) by clicking on the hyperlink or searching online at www.gov.uk/STA.

Further information

Your child's teacher will be able to answer any questions you may have about the tests and teacher assessment judgements.

For more details you can visit www.gov.uk/STA or watch our [short videos](#) for parents about the tests at key stage 1 and key stage 2.

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Information for parents: 2019 national curriculum tests at the end of key stages 1 and 2
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