



22nd March 2019

# The Tamar Weekly







Mount Tamar School and Drake's View House Part of the Quay Partnership

Tel: (01752) 365 128 www.mounttamar.org.uk/

Email: admin@mounttamar.org.uk

## A word from the Headteacher...

Our residential programme started this week with some great weather at The River Dart Park. The primary pupils looked like they had some amazing fun and built their team spirit really well.

We continue to focus on future jobs and careers through visiting all the local exciting projects across Plymouth. The science and Imax visits really inspired our pupils and gave them the belief that they could actually do anything that they set their mind to if they try hard.

We have had new staff starting recently, over the next few weeks we will be introducing them via the newsletter.

We are currently working on the groupings and timetable for June as this is the time that our academic year ends at Mount Tamar and some groups will change rooms and maybe staffing. We will try to keep this as consistent as possible, however this does need to be balanced with staff who move on and also getting the pupils used to some change.

Please keep up to date with all that is happening through our Facebook and Twitter pages, we use social media daily to update and inform carers and parents of what has been going on in and around school and future events. We are always striving for excellence, if you have any suggestions for how we can improve come in and have a chat to Hayley or Sandra.

## Word of the week...

w/c: 25/03/19



## **Authentic**

Meaning: someone or something is genuine and real.

## **River Dart Residential**

We arrived safely and unpacked all of our belongings in our dorms. We tried out all of the park equipment before lunch then went stream dipping where we managed to catch pond skaters, beetles and even some small fish!

After a lovely dinner of pasta bolognese we had a campfire, sang some songs and toasted marshmallows before settling down for bed. Some of the children were anxious about a night away from home but they did fantastically well to get some sleep! The adults even managed some hours!

After a big fry up on our final morning we went on a welly walk and hunted for bugs. The children competed to make the best bug hotel (Gary got very competitive!) and we ended the brilliant residential with a spot of shopping!





# **River Dart Residential**







## **British Science Week**

Last Friday six of our students attended the annual British Science Week event at the brain tumour research labs at the science park in Derriford. Although the event is aimed at year 9, Miss Duffy also took some year 8 and 7 students who are enthusiastic about the subject. They greatly impressed the scientists there, who declared their DNA extraction to be the best they have seen this year! They also processed and relocated some kidney cells, which will be used in the coming weeks in actual research to find treatments for brain tumours and diabetes. Finally we looked at genetically modified fruit fly larvae whose brains glowed red under a special light. These are used to find treatments for Alzheimer's disease. A couple of our students said they were now interested in this sort of work in the future. Well done all!





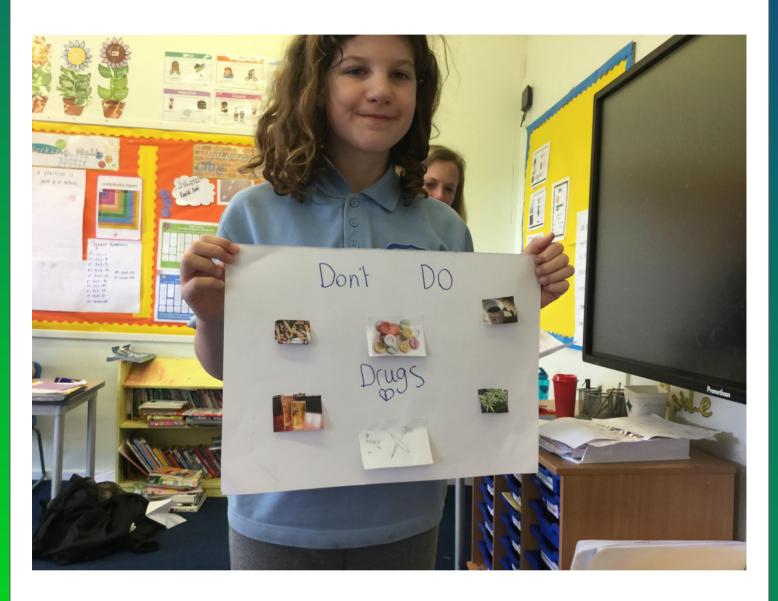
# **British Science Week**





## **Merlins Class**

This week in Merlins we have been learning about the effects of drugs on our bodies. Amy has worked incredibly hard this morning on her poster which includes facts under the images.



## **IMAX** Visit

We are currently working with the "Build Plymouth" group and have been visiting the Open Doors events in and around the city.

Our Prospect students had the opportunity to revisit the new IMAX complex in the city centre. The class saw the start of the construction some months ago and we thought it would be fantastic to see how much the area has been transformed in such a short period of time.

Once the class had been fully kitted out in the correct safety equipment and had been given the appropriate level of safety induction for this visit we went straight out into the complex and started to climb!

Some 207 steps later (Quinn counted them with Mr Holl) we made it to the sky bar which will have even more fantastic views of the whole of Plymouth. Then, we started the descent and saw lots of new areas on each floor. The first area we came across was the main IMAX cinema which features curved seating atriums and a huge wall where the huge curved IMAX screen will be installed. We were told that once all of the construction was completed, all of the contractors would leave the building and then a separate team of specialist contractors would be arriving to install all of the cinema equipment. This will be completed secretly, so that it will be an even bigger surprise when it all opens!

The lower floors encompass 12 new restaurants as well as the other 11 standard screen cinemas - all of which appeared huge (but that may be because we saw them when they were completely empty).

Once Quinn had finally finished counting the steps to make sure he was correct, we returned to the main site office. Emma from "Build Plymouth" then gave us all an interesting talk about all of the construction going on in and around Plymouth. Emma also discussed the types of jobs available in construction as well and then answered some quite difficult questions from the students before we left to return to school.





# **Prospect Centre**

The boys at the Prospect Centre enjoyed decorating their calm boxes this week...



## **Buzzards Class Haiku Poems**

Buzzards class have been recognising different types of poetry and learning about Haikus (Japanese poem). We wrote haikus about the damage being done to the environment by humans, and the result of this. Callum (yr 6) has written this one, making sure it has the correct number of syllables. Well done!

## <u>Haiku</u>

Appalling, dreadful (5)

Mother Nature at its

worst (7)

it was lush and green. (5)



# **Donkey Sanctuary**

The pupils form the Prospect Centre enjoyed another great trip to the donkey sanctuary this week...



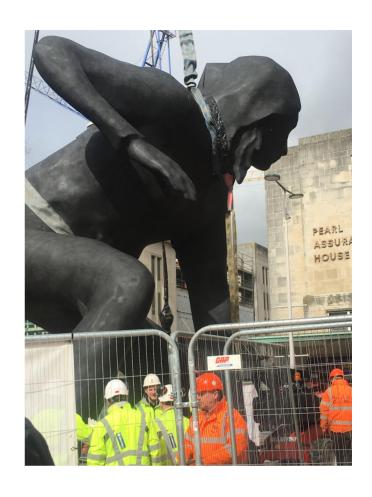






# **Theatre Royal Statue**

This is Messenger - the largest bronze cast sculpture in the UK, being delivered to Plymouth City Centre and being installed outside theatre royal. One of our off site students was lucky enough to see it being delivered!



## **Dates for your Diary**

Thursday 28th March - PSA Coffee Morning - Craft Session



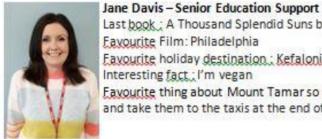
Friday 5th April- Last day of term

Tuesday 23rd April - First day back for Pupils

## Some of our new staff.....



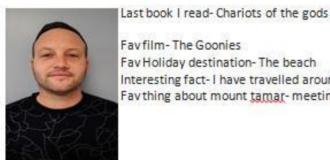
Jenny Blackstone - Teacher Last book- The couple next door Dream destination- New Zealand Favourite film-Stepbrothers and Stand by me Interesting fact-I've done a skydive and swam with sharks Favourite thing about Mount Tamar so far - the students



Last book; A Thousand Splendid Suns by Khaled Hosseini Favourite Film: Philadelphia Favourite holiday destination : Kefalonia Interesting fact; I'm vegan Favourite thing about Mount Tamar so far - How we meet the students at beginning of the day and take them to the taxis at the end of the day



Audrey Mitcheston-Solely - Education Support Last Book you read - Hugless Douglas for my 3-year-old. Favourite holiday destination - Crete Favourite film(s) - Two Mules for Sister Sarah, 2012, Too Wong Foo Thanks for everything Julie Numar and Mrs Doubtfire Interesting fact- I do a Woody Woodpecker voiceover Favourite thing about Mount Tamar so far



Fav film-The Goonies Fav Holiday destination- The beach Interesting fact- I have travelled around France and Spain in a campervan Fav thing about mount tamar- meeting new people

## Term Dates 2019/2020



### Easter Holidays

- Last day of term: 5th April 2019
- First day back to school: 23rd April 2019

### May Bank Holiday

- 6th May 2019

### May Half Term

- Last day of term: 24th May 2019
- First day back to school: 3rd June 2019

### Summer Holidays

- Last day of term: 26th July 2019
- First day back to school: 4th September 2019

### October Half Term

- Last day of term: 18th October 2019
- First day back to school: 5th November 2019

### Christmas Holidays

- Last day of term: 20th December 2019
- First day back to school: 6th January 2020

### February Half Term

- Last day of term: 14th February 2020
- First day back to school: 24th February 2020

## Term Dates 2019/2020

### Easter Holidays

- Last day of term: 27th March 2020

- First day back to school: 14th April 2020

### May Bank Holiday

- 4th May 2020-

### May Half Term

- Last day of term: 22nd May 2020

- First day back to school: 1st June 2020

### Summer Holiday

- Last day of term: 24th July 2020



## Craft time for Parents & Carers



Following the lovely session that we had in school recently, we will be having an Easter Craft Session for parents on:

Thursday 28<sup>th</sup> March 9.30 am until 12.30 pm

This is such a nice thing to do, with lovely people, please come along and have some

"YOU TIME"



# Beckly Centre, Mayers Way Plymstock, Plymouth PL9 9DF 01752 484433 or 07780662391



Beckly Youth Group					
www.fa	cebook.com/BecklyCentre	Email:Beckly@routeways.org.uk			
Feb 28 <sup>th</sup>	World wildlife day 'Let's learn about wildlife, and make some bird feeder friends'				
Mar 7 <sup>th</sup>	Pancake day 'Jam, treacle, fruit. So what will you choose?'	many delicious flavours,			
Mar 14th	National plant a flower day "Come and join us in painting plants pots just in time for spring".				
Mar 21st	Team building "We have an exciting up with our "Growing Together" 16 Devonport Park Activity Centre to dexercises at the Beckly centre".	-24 year old group from			
Mar 28 <sup>th</sup>	Mother's Day "Come and join is in making thank you cards for our carers who look after us!"				
April 7 <sup>th</sup>	McDonald's "Let's go for a nature w to find the path to McDonald's for a				
April 11 <sup>th</sup>	National submarine day "Come alo evening making submarine arts and	600			
April 18 <sup>th</sup>	Easter Evening at Devonport Park A 24s at Devonport Park for Easter co				

This is a drop in club but please contact us if you have not visited before for advance registration.

For further details contact the Office on 01752 484433

or email Beckly@routeways.org.uk.

For up to date information check out facebook.com/BecklyCentre

# Easter

Friday 12th April
At Devonport Park Activity Centre
1 pm - 4pm

IN ADVANCE www.bookwhen.com/routeways

£3.50 per child
Accompanying adults free
Existing Routeways' families,
collect your discount voucher code from us.

Easter Egg Hunt Facepainting
Easter Eggs and Gifts Tombola
Crafts & activities Refreshments

Registered Office Routeways Centre Limited, Devonport Park Activity Centre, Fore Street Plymouth, PL1 4BU Charity Registration Number 1080543. Company



## ROUTEWAYS-SHORT BREAKS For young people 8 - 18 years with a SEND diagnosis

Full details, and booking at www.bookwhen.com/shortbreaks

## Easter Short Breaks 10 am - 4 pm

£10 per young person



Visit to the Donkey Sanctuary Monday 8th April

Gorge Walking Tuesday 9th April



Rock Climbing Tuesday 16th April





Pirates v Unicorns Thursday 18th April



Registered Office Routeways Centre Limited, Devonport Park Activity Centre, Fore Street Plymouth, PL1 4BU Charity Registration Number 1080543. Company Registration Number 3420867 www.routeways.org.uk

Children's Minds-Families Matter

Saturday 13th April .

2-4 pm

Devonport Park Activity Centre,
Fore Street
Plymouth PLI 4BU



**Eating for Mental Health** 

Free activity, support & participation group for families supporting young people with mental and emotional health issues

Hosted by Routeways & Plymouth Parent Carer Voice

Ruth Houghton CAMHS Community team. James Cook Child Development Centre



Questions? Web vow/outsways.org.ik avior.at Resite vax's DIZ32 850718



## **Short Breaks Family Fun Days**



The Short Breaks Service and the Sports Development Unit are working together to provide families with disabled children the opportunity to use the excellent facilities at the Plymouth Life Centre and to take part in a range of sports and activities. If you are a parent or carer of a disabled child aged 6 to 18 who lives within Plymouth, this free event allows your whole family to take part in an afternoon of various activities.

- Sunday 7th April
- > Ipm 5pm
- Plymouth Life Centre, Mayflower Drive, Plymouth, PL2 3DG
- Cost: FREE!
- Activities will include Boccia, Climbing, Trampolining, Swimming and Seated Volleyball



For more information and to register your interest please call the Sports Development Unit on 01752 307008 or email Adrian at <a href="mailto:adrian.cable@plymouth.gov.uk">adrian.cable@plymouth.gov.uk</a>

These events are part of the Plymouth City Council Short Breaks offer for disabled children. To be eligible to access these events your child must live in Plymouth and have a diagnosis of a disability and attend a special school or support centre, although they may still be eligible if they attend a mainstream school and are supported by an EHC Plan.

# NEW TV SERIES LOOKING FOR CONFIDENT PARENTS!







IF YOU'RE A COUPLE OR A SINGLE PARENT AND HAVE A CHILD AGED BETWEEN 5 & 13, WE WOULD LOVE TO HEAR FROM YOU!

EMAIL US...

## PARENT@MONKEYKINGDOM.COM

ALL CONVERSATIONS ARE CONFIDENTIAL AND THERE IS NO OBLIGATION TO TAKE PART, FOR MORE INFO ON HOW MONKEY KINGDOM LTD AND

NRC INIVERSAL GROUP COMPANIES HOLD, STORE AND PROCESS VOID INFORMATION DEFASE OF TO HTTP: //WWW.NRCIINI.COM/PRIVACY

### Soccer Roadshows

#### Strikers & Goalkeepers

to put the ball in the net or keep it out. This Angyle designed to improve your skills in both areas.

#### Disability Football & Shortbreaks

### Tiny Tots

#### Activities Day

### Search for a Star

### PL Future Star Day

#### Easter Eggstravaganza

Courses in and around:

Plymouth | North Devon & Cornwall | East Cornwall | Cornwall

All courses for boys and girls of all abilities aged 5-15 years New membership reward cards available

Courses run from 10am to 3pm with the exception of Tiny Tots 10am to 12pm



## **Argyle Soccer Roadshows** S 1 = 13 HOLIDAY 2019



### Book our courses online www.argvlecommunitytrust.co.uk



Reduced rates available by booking online for all courses over £10

Sibling Discount \*half price for additional siblings

Prices from £5 - £30 Registration opens at 9.40am

All courses for boys and girls of all abilities aged 5 - 15 years New membership reward cards available Courses run from 10am to 3pm with the exception of Tiny Tots 10am to 12pm

### PLYMOUTH

VENUE	DATE	COST	COST	THEME	NO.
Manador Spots and Community Hulk	Montaly 8th April	616	612	Sitters & Goalespers	Pt
Plymouth Argule FC, Home Field	Suestay lith April	£16	611	Sistow Roodshow	PG.
Manador Spots and Community Hub	Windresday 10th April	816	811	Girls Only Socon Counse	Pi
Weeting Primary	Wednesday 10th April	613	69	Sissor Rostshow	Pa
Manadon Spots and Community Hult	Thursday 11th April	818	68	PLFuture State Day	PII
Plymouth Argule FC, Home Park	Thursday 11th April	es	68	Tiny Tim	Pil
Plymptor Acadmay	Thorstop 11th April	616	613	Secer Restation	277
Wentury Primary	Thursday trith April	611	69	Activities Day	PB
Trylologia Conveniely College	Friday 120 April	E16	812	Diritors & Gostosspare	790
Plymouth Argole FG, Home Firsh	Every Cité April	616	612	Secretoward	PIL
Manager Sports and Community Hole	Manage 15th April	216	610	State Roskhiw	PH
Alternation Sports and Community Hulb	Monday 130 April	216	612	Gets Only Susser Course	PB
Plymouth Angele FC, Home Flets	Tuesday 16th April	616	68	Activities Day	PIL
Plymouth Algyle FG, Home Park	Tuendry 16th April	65	65	Tiny Total	P16
Standard Sports and Community Hulb	Westweeley 17th April	216	612	Societies	PIL
Plymouth Argule FC, Home Park	Thursday 18th April	616	612	Easter Egypthampirtus	PIE
Nylandge Community College	Thursday 18th April	238	612	Code Egyptospecs	PII

## MID & WEST CORNWALL

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Relation APC	Monkey 8th April	416	612	Swore Read above	GI
Trengtes School	Tuesday Str. April	816	812	Search for a Sile:	CI
Regio FG	Tuesday Whitepit	\$16	613	Sistoer Road whow	D4
Carrières Leisure Centre	Wednesday 10th April	616	612	Sixoe Rodelow	CI
Pollar School	Thursday 11th April	616	612	Strikers and Goalkeepers	CE
Werden FC	Thursday 11th April	£16	612	Sizzoer Rood aftered	C!
Felmouth Sichool	Frieny 12th April	£16	811	Search for a Star	C8
Pool Academy	Freely 12th April	E16	1012	Seper Rosestow	CR
Penair School	Monday 15th April	£16	612	Strikers and Goalkeapers	016
Heleton AFC	Montaly 15th April	616	612	Socie Restation	OH
Templer School	Tuesday 10th April	216	613	Super Rostshow	OfF
Reger FC	Tuesday 16h April	816	813	Name Rosewood	CHI
Care Bres Laisure Centre	Westrambay 17th April	618	812	Search for a Sile	016
Policy School	Thursday 18th April	211	613	Easter Equity requires	- 010
Wenter FC	Thursday 18th April	618	611	Earler Egyptranspiron	C16

## EAST CORNWALL

VENUE	DATE	COST	COST	THEME	NO.
Bodnin Dragon Centre	Mor Str. / Toes Str. April	636	630	Separ Roselmon (2 Days)	21
Stations Nati	Tues 9th / West 10th April	636	638	Some Rossinhow (2 Days)	83
Lox Field Linkward	Thursday fift April	E16	610	Secret Roothne	13
Lambet Community Certire	Friday 129 April	610	E16	Sacrar Roselvine	24
Latitud Community Carine	Friday 129 April	616	818	Clinic Circle Researchers	- 61
Societe Dragor Carries	Monkey 10th April	216	616	Secur foathor	- 11
Loss Primary Academy	Tuesday 18th April	276	212	Sacuritoshiox	67
Statush Net	Wednesday 1701 April	816	612	Socar Roaditoir	69
Gallegtat Conmunity Cuttings	Nedwaday (19) April	\$16	612	Social Routines	-89
Las Park Listeard	Thursday 18th April	610	610	Easier Egyptravageron	810
Lus Piek Liskword	Thursday 18th April	45	85	Tirry Toris	\$H

## NORTH DEVON & CORNWALL

VENUE	DATE	COST	COST	THEME	NO.
St Josephy School, Launceaton	Monday 8th April	216	615	Secur Roadhov	311
St Teat FC	Montey 8th April	616	611	Socar Residence	90
Webstriege Primary School	Townley Sth.April	£16	610	Search For A Ster	93
Antitrury Marker Graff Club 3/G	Westween 100 April	616	610	Season For A Star	764
Bulletti	Thursday 11th April	616	66	Search For A Ster	91
St Joseph School, Lauroweten	Friday 12th April	616	616	Saxor Rosin's ov	766
St Teat FC	Friday 129 April	616	616	Secretary Course	167
St Josephy School, Laureauton	Montay 15th April	616	616	Secur floatshow	.94
Weakings Planey School	Toesday 16th April	819	610	Book Roelshox	-94
Week St Mary FC	Tuesday 1011-April	676	610	Social Rosistras	NIC
BulleTC	Wednesday 17th April	676	610	Socar Rosintov	301
St Josepha School, Lauropation	Thursday 18th April	616	615	Easter Epperovogenza	N12
St Teat FC	Trundry 18th April	616	610	Carter Eggetteragenza	913

### DISABILITY

VENUE	DATE	COST	SSSF	THEME	NO.
Plymouth Argyle FT, Home Park	Stor Sth & Tone Str. April	110 (2 House)	NIK	Stort Dranks	.01
Plymouth Angula P.C., Home Parts	Mile 201 or Tunk Sth April	GE(1 day)	No.	Stort Streets	81
Physicals Argylle P.C. Home Plans	Thursday 11th April	616	616	Dentity Social Sociation	113
Plymouth triggle PC, Horse Park	Thursday 11th April	DIE	88	Dissibility SIR (Heal Day)	- 04
Plymodi Argyle P.C. Home Park	Mar 15th & Tom 16th April	AND ROLL	NA.	Stat Breats	-0.0
Plymouth Angyle P.C., Home Park	Mor 150: & Yues 160: April .	25(1.0e))	RIA.	Street Breats	24
Plymodit Argyle PC, Home Park	Thursday 18th April	\$34	616	Disability Succes Resolution	27
Physicals Argyle FC, Horse Park	Shumday 18th April	416	. 68	Disability SIX (Half Day)	.04

## Progeny

## <u>Parent and Carer Workshops</u> <u>Mental Health Awareness and Young People</u>

Location	Date and Time
Courtlands Special School	Wednesday 12th June 2019 9;30am- 11:30am

These workshops are split into a 1 hour information session with the second hour providing an opportunity for Parents and Carers to ask questions/gain information from a panel of professionals comprising of The Zone, CAMHS and Young Devon.

# Please contact The Zone for further information and to book these sessions.

The Zone
Registered office: Youth Enquiry Service (Plymouth) Ltd,
14-16 Union Street,
Derry's Cross,
Plymouth
PL1 25R

T: 01752 206626 M: 07837066484 W: <u>www.thezoneplymouth.co.uk</u>



## For Your Interest February Newsletter (FYI)

We keep in touch with parents through our For Your Interest newsletter. At Plymouth Information, Advice and Support for SEND we regularly receive lots of useful and interesting information that is highly relevant to parents. Once we have a good amount of information we send it out in 'magazine form' to our FYI Mailing list.

Information in the mailing includes:

- Participation Opportunities
- Local Events
- Parent Groups and Coffee Mornings
- Surveys and consultations
- Workshops
- And much more!

You can access the newsletter via the link below:

http://www.plymouthias.org.uk/resources/files/publication\_80\_FYI-newsletter-feb-20\_19.pdf





## Plymouth Parent Carer Voice Events

The information below is about forthcoming events that parents and carers with children and young people with SEND might like to be involved with.

- <u>Family Fun Day</u> Wednesday 20 February 2019
   A family fun day for families with children with Special Educational Needs and Disabilities.
- Accessing Public Services with CEREBRA Monday 4
   March 2019
   A workshop for parents / carer and professionals who support them.
- <u>Behaviour Toolkit (Primary)</u> Monday 29 April 2019
   A workshop for families wanting support in making a behaviour plan.
- SEND parent carer Conference 9.30-2.30 Wednesday 8th May 2019 <a href="https://www.eventbrite.co.uk/e/ppcv-parent-carer-se">https://www.eventbrite.co.uk/e/ppcv-parent-carer-se</a> nd-conference-080519-tickets-56588074454
- <u>Sleep with Cerebra Primary School</u> at the Guildhall 10-2pm
   Tuesday 4th June 2019 for parents and carers
- https://www.eventbrite.co.uk/e/ppcv-sleep-with-cere
   bra-primary-school-tickets-56946061202

Bookings can be made through Eventbrite by clicking the links above.

For more information please contact Claire Paddon at: claire@plymouthpcv.co.uk

