



Mount Tamar
Aspire - Adventure - Achieve



1st March
2019

The Tamar Weekly



Mount Tamar School and
Drake's View House
Part of the Quay Partnership

Tel: (01752) 365 128

www.mounttamar.org.uk/

Email: admin@mounttamar.org.uk

A word from the Headteacher...



It is great to see Street Factory returning this week. We have been doing this for a number of years now and it has been a great success. Firstly it is part of our PE curriculum so for the first two weeks all pupils on the Row Lane site take part. Following that, there will be two groups depending on age and a gifted group of students who have been selected by Toby. Our yearly performance will be at the end of term in July where you will as usual be invited to view their skills. More details on this nearer the time.

Highlights this week have been the KS4 careers visit to City College and the launch of Commando Joe's Pirate day.

I have been to a meeting this morning regarding keeping young people safe on the internet, please keep talking to your children about what they are doing as the dangers are there for everyone, we protect them with crossing the road, do we protect them enough from others on the web? Please have a read about 'Momo' later in this newsletter.

As I am sure you know there were some serious incidents in Whitleigh this week. It is sad to hear what young people are doing and this is very serious. We feel that part of our job is to try to get young people interested in positive pursuits so that they are busy and happy, not feeling that they have to be involved in such things.

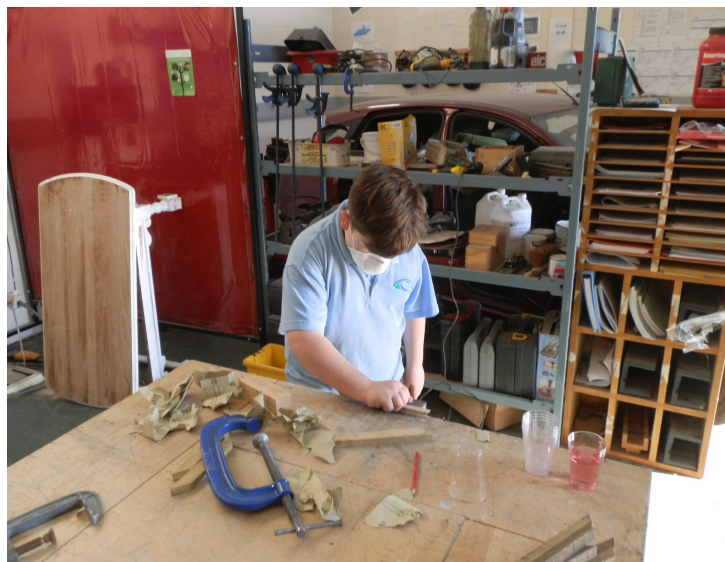
Please keep up to date with all that is happening through our Facebook and Twitter pages, we use social media daily to update and inform carers and parents of what has been going on in and around school and future events. We are always striving for excellence, if you have any suggestions for how we can improve come in and have a chat to Hayley or Sandra.

World Book Day Thursday 7th March

Next Thursday the 7th March is World Book Day, we are therefore asking pupils to come into school dressed as a book/comic character. (If pupils do not want to dress up this is fine, but pupils will need to come into school in their normal school uniform, not mufti clothes.) Mr Plunkett is holding an 'Extreme Reading' competition, to enter send an emailed photo to the school of your child reading in an unusual place or in an unusual way.

Merlins Visit to Wolseley

The Merlins class have had their first session at our Wolseley centre, below are some photos of them having started making photo frames from recycled scrap wood.



Commando Joe's Launch Day

We are launching our new Commando Joe, personal development curriculum. This is based on

R-resilience
E-empathy
S-Self-awareness
P-Passion
E-Excellence
C-Communication
T- Teamwork



We chose to launch this with our Pirate Day. We were very lucky to be joined by our own 'Captain Sparrow'. The children were asked to work in teams that they were not used to, dress up, go to an unfamiliar place and work together to complete team challenges. This was a very challenging day for our students and I have to say that I was incredibly proud of how well they did. They rose to the challenge and began to demonstrate some of the RESPECT skills. This will now be a regular part of their curriculum. A big thank you to all the staff and parents too.

Robyn Vincent



Class CR had their first visit to The National Marine Aquarium. Our theme was Ocean Exploration, our young people spent their afternoon building lego ROVs and racing them against each other.



A massive thank you to Pizza Express for their pizza making workshop. Students of class CR had a fantastic morning working with their head chef and creating their own Margarita pizzas. Students were taught how to knead, how to prepare the perfect base before arranging their toppings for their perfect pizza.



Class CR would like to say huge thank you to Angie our kitchen manager for creating this beautiful cake to help us celebrate with one of our young people. All of the class would like to tell you the cake tasted delicious.



Springboard at City College

This week, Springboard (a UK Charity dedicated to enhancing hospitality and Tourism industry within schools and colleges) took over City college Catering unit. Their working brief was to bring in businesses and caterers into the College, who would host a series of workshops for students to be involved in. This would show the visitors the opportunities which are available within our local region.

Our BTEC Hospitality and Catering Year 9 - 11 had an amazingly enriching opportunity. Gaia Spa, St Austell Brewery and South West Producers to name a few, all hosted through PL1 restaurant who gave great service throughout the course of the day.

Our students today have experienced what it is like to be in lectures at college, travel around the college site to all of the different workshops, explore unusual flavours, smells to excite the senses, taste many different types of vegetables produced or imported into the South West and discussed options for Post 16.

They were all able to speak to young apprentices who told them their story of how they came into the industry - even explaining that it was ok to have made a mistake with career choices when they left school (two of them had done this and when they realised their mistake they made the change into hospitality).

The students really made an impact on the staff today, we had great feedback of their engagement and politeness whilst there, our students showed the best of our school and how serious they take their education and future aspirations.





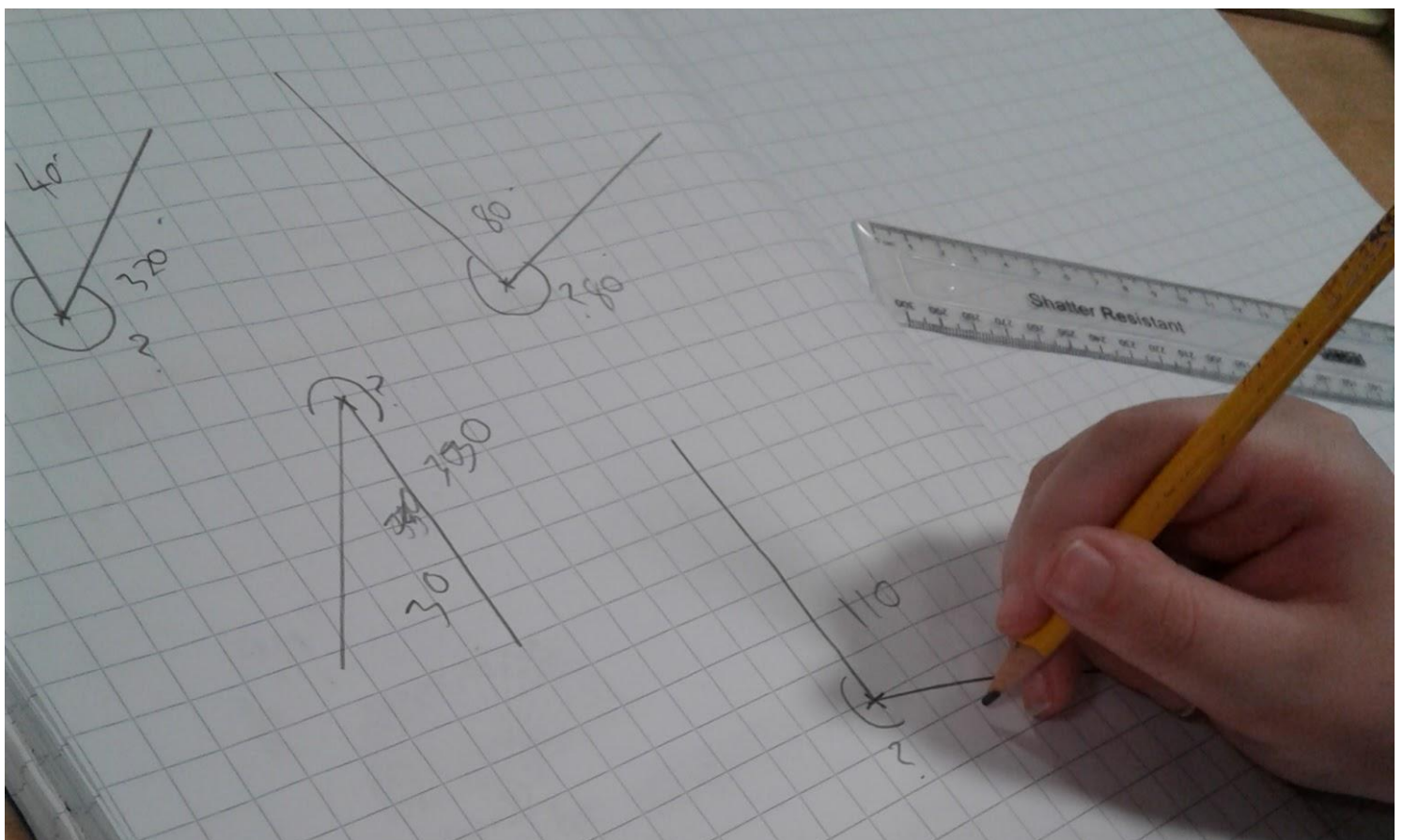
Owls Class

Owls have been preparing for their mission to walk along the Amazon river this week by learning the South American countries.



Downham

One of the students at Downham is learning how to read and draw angles, he is doing a great job and really grasping this after only two lessons.



Football in the Sunshine

Our young people have really made the best of the (mostly) good weather this week. It has been fabulous to see the field and MUGA 'back in play' and all who want to - having fun out in the fresh air at break and lunch times. Building friendships, taking turns and honing social skills.



Dates for your Diary



Thursday 7th March- World Book Day- students to come in dressed as a book character or in school uniform

Thursday 7th March 9.30 am until 12.30 pm- Craft time for parents/carers

Friday 8th March- Story teller coming in to work with primary and KS3 students

Thursday 14th March 2019 10am- DWP Event at PSA Coffee morning

Thursday 28th March 10am- 12 noon- PSA Coffee Morning

Friday 5th April- Last day of term

Term Dates 2019/2020



Easter Holidays

- Last day of term: 5th April 2019
- First day back to school: 23rd April 2019

May Bank Holiday

- 6th May 2019

May Half Term

- Last day of term: 24th May 2019
- First day back to school: 3rd June 2019

Summer Holidays

- Last day of term: 26th July 2019
- First day back to school: 4th September 2019

October Half Term

- Last day of term: 18th October 2019
- First day back to school: 5th November 2019

Christmas Holidays

- Last day of term: 20th December 2019
- First day back to school: 6th January 2020

February Half Term

- Last day of term: 14th February 2020
- First day back to school: 24th February 2020

Term Dates 2019/2020



Easter Holidays

- Last day of term: 27th March 2020
- First day back to school: 14th April 2020

May Bank Holiday

- 4th May 2020-

May Half Term

- Last day of term: 22nd May 2020
- First day back to school: 1st June 2020

Summer Holiday

- Last day of term: 24th July 2020

Promoting Healthy Breakfast at Coffee Morning

28th February 2019



Parents and carers enjoyed a healthy breakfast of Berries, Porridge, honey & seeds at Coffee Morning this week.



They were also really grateful for some **Healthy Breakfast** supplies to take home.

Craft time for Parents & Carers



We will be having sessions at school for parents to make things. Next term, we will be making some pretty vases out of jars. If you have any craft items that you could donate, that would be great, but don't worry, we have plenty of supplies.

Please do come along, making something for either yourself or as a gift is a really lovely thing to do.

First Session – Thursday 7th

March

9.30 am until 12.30 pm.

Important Date for your Diary

We are really pleased to let you know that Fiona Coates will be in school to offer help and advice.

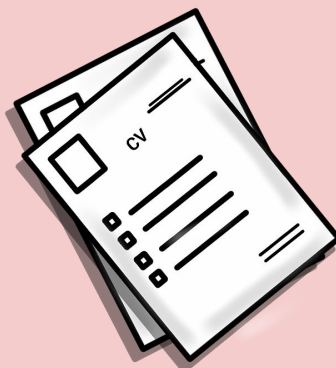
- ❖ **On 14th March 2019**
- ❖ **At Coffee Morning**
- ❖ **10am**

Fiona's role is to offer information regarding

- **Helping your child into positive destinations**
- **CV writing**
- **Apprenticeships**
- **Confidence building**
- **Mock Interviews**

Fiona's role is to help and support young people, this is a great opportunity to talk to her about your children.

Please do join us.





Coffee Morning Dates : -

14th March

28th March

10am - 12 noon

Please come along to this informal get together. It's a lovely opportunity to meet other parents and carers.

Free Information Event

For parents/ carers of year 9 and year 10 students
with Education, Health and Care Plans

Supported Internships

Post 16 Education
Options

Supported Employment

Work Experience
Opportunities

Mentoring

Personal Development

Pre -employment
Programmes

Apprenticeships

Volunteering

Find out more about the Post 16 options and pathways
for students with EHCP.

At City College Plymouth on:

(Limited places available)

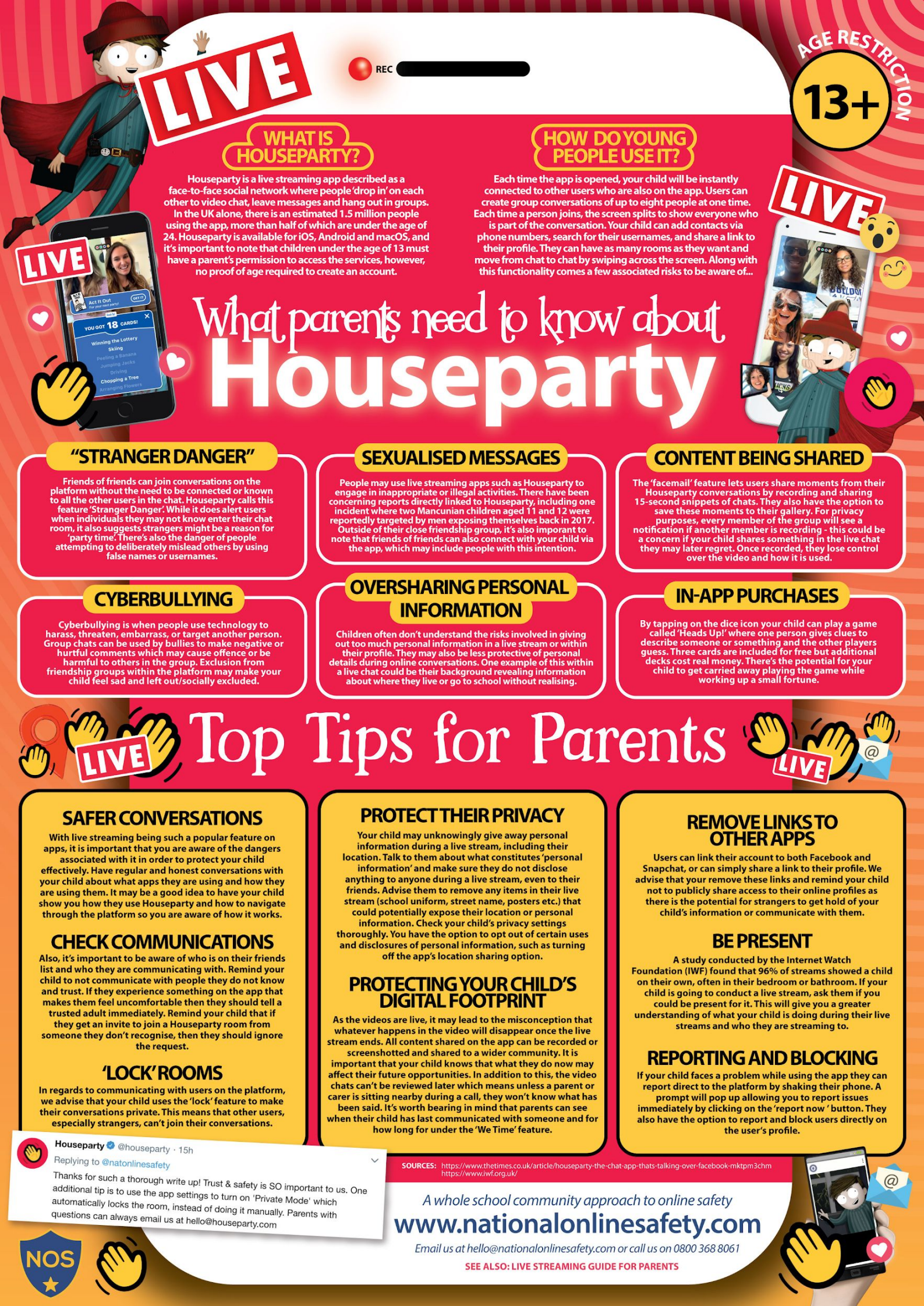
Monday 28th January, 10:00-11:30am

Tuesday 12th February, 13:30-15:00pm

Wednesday 20th March, 19:00-20:30pm

To book a place or for more information
contact an adviser by emailing
parentsevent@cswgroup.co.uk

or phone Kate: 07786334616/ Sherri: 07786126330



LIVE

REC

AGE RESTRICTION
13+

WHAT IS HOUSEPARTY?

Houseparty is a live streaming app described as a face-to-face social network where people 'drop in' on each other to video chat, leave messages and hang out in groups.

In the UK alone, there is an estimated 1.5 million people using the app, more than half of which are under the age of 24. Houseparty is available for iOS, Android and macOS, and it's important to note that children under the age of 13 must have a parent's permission to access the services, however, no proof of age required to create an account.

HOW DO YOUNG PEOPLE USE IT?

Each time the app is opened, your child will be instantly connected to other users who are also on the app. Users can create group conversations of up to eight people at one time. Each time a person joins, the screen splits to show everyone who is part of the conversation. Your child can add contacts via phone numbers, search for their usernames, and share a link to their profile. They can have as many rooms as they want and move from chat to chat by swiping across the screen. Along with this functionality comes a few associated risks to be aware of...

LIVE

What parents need to know about Houseparty

"STRANGER DANGER"

Friends of friends can join conversations on the platform without the need to be connected or known to all the other users in the chat. Houseparty calls this feature 'Stranger Danger'. While it does alert users when individuals they may not know enter their chat room, it also suggests strangers might be a reason for 'party time'. There's also the danger of people attempting to deliberately mislead others by using false names or usernames.

SEXUALISED MESSAGES

People may use live streaming apps such as Houseparty to engage in inappropriate or illegal activities. There have been concerning reports directly linked to Houseparty, including one incident where two Mancunian children aged 11 and 12 were reportedly targeted by men exposing themselves back in 2017. Outside of their close friendship group, it's also important to note that friends of friends can also connect with your child via the app, which may include people with this intention.

CONTENT BEING SHARED

The 'facemail' feature lets users share moments from their Houseparty conversations by recording and sharing 15-second snippets of chats. They also have the option to save these moments to their gallery. For privacy purposes, every member of the group will see a notification if another member is recording - this could be a concern if your child shares something in the live chat they may later regret. Once recorded, they lose control over the video and how it is used.

CYBERBULLYING

Cyberbullying is when people use technology to harass, threaten, embarrass, or target another person. Group chats can be used by bullies to make negative or hurtful comments which may cause offence or be harmful to others in the group. Exclusion from friendship groups within the platform may make your child feel sad and left out/socially excluded.

OVERSHARING PERSONAL INFORMATION

Children often don't understand the risks involved in giving out too much personal information in a live stream or within their profile. They may also be less protective of personal details during online conversations. One example of this within a live chat could be their background revealing information about where they live or go to school without realising.

IN-APP PURCHASES

By tapping on the dice icon your child can play a game called 'Heads Up!' where one person gives clues to describe someone or something and the other players guess. Three cards are included for free but additional decks cost real money. There's the potential for your child to get carried away playing the game while working up a small fortune.

Top Tips for Parents

SAFER CONVERSATIONS

With live streaming being such a popular feature on apps, it is important that you are aware of the dangers associated with it in order to protect your child effectively. Have regular and honest conversations with your child about what apps they are using and how they are using them. It may be a good idea to have your child show you how they use Houseparty and how to navigate through the platform so you are aware of how it works.

CHECK COMMUNICATIONS

Also, it's important to be aware of who is on their friends list and who they are communicating with. Remind your child not to communicate with people they do not know and trust. If they experience something on the app that makes them feel uncomfortable then they should tell a trusted adult immediately. Remind your child that if they get an invite to join a Houseparty room from someone they don't recognise, then they should ignore the request.

'LOCK' ROOMS

In regards to communicating with users on the platform, we advise that your child uses the 'lock' feature to make their conversations private. This means that other users, especially strangers, can't join their conversations.

PROTECT THEIR PRIVACY

Your child may unknowingly give away personal information during a live stream, including their location. Talk to them about what constitutes 'personal information' and make sure they do not disclose anything to anyone during a live stream, even to their friends. Advise them to remove any items in their live stream (school uniform, street name, posters etc.) that could potentially expose their location or personal information. Check your child's privacy settings thoroughly. You have the option to opt out of certain uses and disclosures of personal information, such as turning off the app's location sharing option.

PROTECTING YOUR CHILD'S DIGITAL FOOTPRINT

As the videos are live, it may lead to the misconception that whatever happens in the video will disappear once the live stream ends. All content shared on the app can be recorded or screenshotted and shared to a wider community. It is important that your child knows that what they do now may affect their future opportunities. In addition to this, the video chats can't be reviewed later which means unless a parent or carer is sitting nearby during a call, they won't know what has been said. It's worth bearing in mind that parents can see when their child has last communicated with someone and for how long for under the 'We Time' feature.

REMOVE LINKS TO OTHER APPS

Users can link their account to both Facebook and Snapchat, or can simply share a link to their profile. We advise that you remove these links and remind your child not to publicly share access to their online profiles as there is the potential for strangers to get hold of your child's information or communicate with them.

BE PRESENT

A study conducted by the Internet Watch Foundation (IWF) found that 96% of streams showed a child on their own, often in their bedroom or bathroom. If your child is going to conduct a live stream, ask them if you could be present for it. This will give you a greater understanding of what your child is doing during their live streams and who they are streaming to.

REPORTING AND BLOCKING

If your child faces a problem while using the app they can report direct to the platform by shaking their phone. A prompt will pop up allowing you to report issues immediately by clicking on the 'report now' button. They also have the option to report and block users directly on the user's profile.

Houseparty @houseparty · 15h

Replying to @natonlinesafety

Thanks for such a thorough write up! Trust & safety is SO important to us. One additional tip is to use the app settings to turn on 'Private Mode' which automatically locks the room, instead of doing it manually. Parents with questions can always email us at hello@houseparty.com

SOURCES: <https://www.thetimes.co.uk/article/houseparty-the-chat-app-thats-talking-over-facebook-mktpm3chm>
<https://www.iwf.org.uk/>

A whole school community approach to online safety
www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061

SEE ALSO: LIVE STREAMING GUIDE FOR PARENTS

NOS



Momo is a sinister 'challenge' that has been around for some time. It has recently resurfaced and once again has come to the attention of schools and children across the country. Dubbed the 'suicide killer game', Momo has been heavily linked with apps such as Facebook, WhatsApp, YouTube, and most recently (and most worryingly)... YouTube Kids. The scary doll-like figure reportedly sends graphic violent images, and asks users to partake in dangerous challenges like waking up at random hours and has even been associated with self-harm. It has been reported that the 'Momo' figure was originally created as a sculpture and featured in an art gallery in Tokyo and unrelated to the 'Momo' challenge we are hearing about in the media.

What parents need to know about **MOMO**



CHILDREN'S VIDEOS BEING 'HIJACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs', unboxing videos and Minecraft videos) have been edited by unknown sources to include violence provoking and/or other inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until partway through the video.

DISTRESSING FOR CHILDREN

Popular YouTubers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of the videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'I understand and wish to proceed'. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.



**National
Online
Safety**

Top Tips for Parents

TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and distressing for young people. Whilst this may seem obvious, it's important for you to reiterate to your child that Momo is not a real person and cannot directly harm them! Also, tell your child to not go openly searching for this content online as it may only cause more distress.

BE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and stop certain activities that your child may be involved in. As the nature of each task become progressively worse it's also important to recognise any changes in your child's behaviour.

TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you to discuss it with them too. Not only will this give you an understanding of their online actions, but those honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's utmost safety. For example, on YouTube you can turn off 'suggested auto-play' on videos to stop your child from viewing content that they have not directly selected.

PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in; no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succumb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to you or another trusted adult.

REAL OR HOAX?

As a parent it is natural to feel worried about certain things you see online that may be harmful to your child. However, not everything you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around a platform's algorithm in order to share and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful as soon as you come across it. You should also block the account/content to prevent your child from viewing it. Also encourage your child to record/screenshot any content they feel could be malicious to provide evidence in order to escalate the issue to the appropriate channels.

FURTHER SUPPORT

Speak to the safeguarding lead within your child's school should you have any concerns regarding your child's online activity or malicious content that could affect them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is
0800 1111.



Beckly Youth Group

www.facebook.com/BecklyCentre

Email: Beckly@routeways.org.uk

Feb 28th	World wildlife day 'Let's learn about how to look after our wildlife, and make some bird feeders to attract our feathered friends'	
Mar 7th	Pancake day 'Jam, treacle, fruit. So many delicious flavours, what will you choose?'	
Mar 14th	National plant a flower day "Come and join us in painting plants pots just in time for spring".	
Mar 21st	Team building "We have an exciting new opportunity, joining up with our "Growing Together" 16-24 year old group from Devonport Park Activity Centre to do some team building exercises at the Beckly centre".	
Mar 28th	Mother's Day "Come and join is in making thank you cards for our carers who look after us!"	
April 7th	McDonald's "Let's go for a nature walk through Radford Park to find the path to McDonald's for a burger and chips"	
April 11th	National submarine day "Come along and join us in a creative evening making submarine arts and crafts"	
April 18th	Easter Evening at Devonport Park Activity Centre Join with 16-24s at Devonport Park for Easter cooking and activities	

This is a drop in club but please contact us if you have not visited before for advance registration.

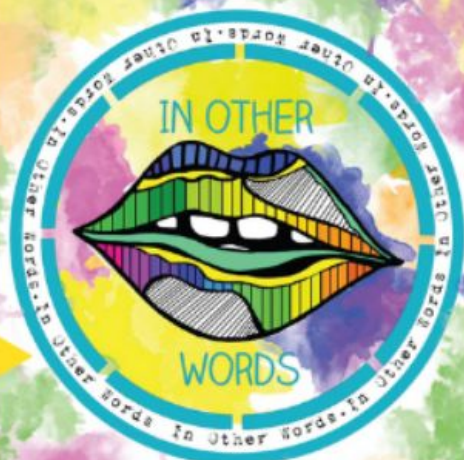
For further details contact the Office on 01752 484433

or email Beckly@routeways.org.uk.

For up to date information check out facebook.com/BecklyCentre

15-24 yrs

MENTAL
HEALTH



In Other Words

1st & 3rd Friday Month

5-7:30

Devonport Park Activity Centre

Safe, supportive, non judgemental



Combined Sessions - Rooted Seniors , Beckly Youth Club and Growing Together

Ages 13 - 24 yrs All sessions £3.00

Thursday 21st March 7pm - 9pm

Fun Team Building Activities at the Beckly Centre-
transport available from Devonport Park Activity Centre

Thursday 18th April 7pm - 9pm:

Easter cookery and crafts at Devonport Park Activity Centre

Beckly Centre,
Mayers way,
Plymstock ,
PL9 9DF

Telephone 01752 856719
for more information .

Devonport Park Activity Centre
Devonport Park
Fore Street
Plymouth
PL1 4BU

Registered Office Routeways Centre Limited, Devonport Park Activity Centre,
Fore Street Plymouth, PL1 4BU Charity Registration Number 1080543. Company Registration Number 3420867
www.routeways.org.uk

**AUTISM AND DISABILITY FRIENDLY GAMES NIGHT
FOR YOUNG PEOPLE AGED 11-18 YEARS
DEVONPORT PARK ACTIVITY CENTRE**

£5 per session

Contact Rose 01752 856719 for more information.



Autism Friendly

GAMES NIGHT

MAGIC
The Gathering®

**DUNGEONS
& DRAGONS**

Carcassonne

MUNCHKIN

MONOPOLY

**EXPLODING
KITTENS**

CHESS

RISK

and more...

Bring along your favourite games

Second Friday of every month from 4pm til 7pm





GROWING TOGETHER

16-24 years SEND group

BUILDING SKILLS FOR LIFE IN
FUN, ADVENTUROUS AND
CHALLENGING WAYS!

Activities & social group for young adults.

Forthcoming themes and sessions

NB Session themes may be subject to change.

Session Times

Wednesdays 10- 2

Fridays 12:30 - 4:30

Session Costs

£ 5 per session plus
any
additional admission
charges.

INTERESTED? IDEAS? QUERIES?

EMAIL US

devonportpark@routeways.org.uk

TEL: 01752 300700

DEVONPORT PARK ACTIVITY
CENTRE

27th Feb: Gorge Walking

1st March: Pancakes -camp fire cooking

6th & 8th March: Keep fit Rugby style

13th March: Moors trip -

exploring the effects of the weather

15th March: Making a weather station-,

20th/22nd March Inspiring accessibility;
review of changing places etc

22nd March:

27th March : Beachcombing

29th March: Mothers' Day Crafts /Gifts

3rd April: Easter activities

5th April: Easter activities





Rooted Seniors Sessions

Autism & disability friendly social group



**Rooted
Seniors
13- 18 yrs
Mondays 4-6**

**CRAZY GOLF
@
Devonport Park
Activity Centre
MONDAY 25TH
FEBRUARY
4-6 PM
£5 SESSION FEE**

Ski Centre Trip

Slide & Ride
30 mins snow tubing
/2 toboggan rides
£18 -inc usual session fee
**MONDAY 4TH MARCH
4-6 PM**



Laurel & Hardy

film night
MONDAY 11TH MARCH
4-6 PM

£5.00 session fee
Hot dogs & popcorn
included

Mountbatten visit & meal at Mountbatten Hotel

MONDAY 18TH MARCH
**£5.00 SESSION FEE PLUS COST
OF MEAL**

**Spaces MUST be pre
booked through**
www.bookwhen.com/routeways
Tel: 01752 856719
for more details.



Cooking at
Devonport Park
Activity Centre
MONDAY 25TH MARCH
4-6 PM
£5.00 session fee

Progeny

Parent and Carer Workshops Mental Health Awareness and Young People

Location	Date and Time
Courtlands Special School	Wednesday 27th February 9:30am-11:30am
Courtlands Special School	Wednesday 12th June 2019 9;30am-11:30am

These workshops are split into a 1 hour information session with the second hour providing an opportunity for Parents and Carers to ask questions/gain information from a panel of professionals comprising of The Zone, CAMHS and Young Devon.

Please contact The Zone for further information and to book these sessions.

The Zone

Registered office: Youth Enquiry Service (Plymouth) Ltd,
14-16 Union Street,
Derry's Cross,
Plymouth
PL1 2SR

T: 01752 206626 M: 07837066484 W: www.thezoneplymouth.co.uk



For Your Interest February Newsletter (FYI)

We keep in touch with parents through our **For Your Interest** newsletter. At Plymouth Information, Advice and Support for SEND we regularly receive lots of useful and interesting information that is highly relevant to parents. Once we have a good amount of information we send it out in 'magazine form' to our FYI Mailing list.

Information in the mailing includes:

- Participation Opportunities
- Local Events
- Parent Groups and Coffee Mornings
- Surveys and consultations
- Workshops
- And much more!

You can access the newsletter via the link below:

http://www.plymouthias.org.uk/resources/files/publication_80_FYI-newsletter-feb-2019.pdf

FOR YOUR INTER-February 2019
Please take a copy

Schools Out... for February Half Term!
There are lots of activities and events in the Plymouth area scheduled for families over the school holidays and beyond.

Take a look and see what's on offer... there's lots to see and do and many activities are **FREE!**

PLYMOUTH'S SEND YOUTH FORUM
The Youth Forum (YFF) aims to give young people in Plymouth a voice and platform to share and discuss ideas around Special Educational Needs and Disabilities (SEND). It is open to any young person aged 10-25 years old with SEND.

The YFF Steering group will feed information up into council meetings and back into schools and agencies that work with young people.

Next Meeting: Monday 4 March 2019, 5pm-7pm
Join us for Pizzaz! Taxi's available, just call us to book.

For further information see [Youth Access](#) or contact Nicole Gallagher on 01752 305197 / 07833048700 or email: YFFforum@plymouth.gov.uk

Connect with us on Facebook
Stay up to date with information, activities and events happening in the Plymouth area by liking us at facebook.

PLYMOUTH INFORMATION ADVICE AND SUPPORT FOR SEND

If you would like to be added to our mailing list to hear about future editions of our newsletter, please contact: suzanne.davey@plymouth.gov.uk

Contents...

Short Breaks for Disabled Children	2-3
Rocky Centre	4-5
Devonport Park Activity Centre	6-7
Events & Families of Special Children	8-10
Thames Royal Plymouth	10-11
Stilkin & Barbican Theatre	12
Whiteway Projects Dance	13
Car & Family Dance Theatre & Even Dance	14
Plymouth Parent Case Voice	15
Plymouth Arts & Heritage	16
Plymouth Libraries	17
Plymouth Music Zone	18-19
CHICKS Respite Breaks	20
National Marine Aquarium	21
Nature Plymouth	22-23
Van Cinema & Autism Friendly	24
Autism Alert Page	25
Sporting Activities	
Devon FA, Exeter Football	26-27
Angley Soccer Roadshows	28-29
Inclusive Sport Plymouth & Disability Sport	30-31
Exeter City	32-33
PMCA Plymouth	34
YMCA Activities / Holiday Club	35-37
Clip 'n' Climb Autism/SEN Sessions	38
Inclusive Sport Plymouth	39
Woodlands Guide to Inclusive Sports in Plymouth	40-41
Trampoline Gymnastics, Ice Skating & Fit for Sport Centre	42
South West Trail Lacing	43
Concessionary Fares for Disabled	43
National Trust Activities	44-47
The Landmark Trust	45
Youth Clubs	48-52
Support Groups	53-58
Other Events	59-61
British Red Cross Free Workshops	62

www.plymouthias.org.uk
Email: ply@plymouth.gov.uk





Plymouth Parent Carer Voice Events

The information below is about forthcoming events that parents and carers with children and young people with SEND might like to be involved with.



- [Family Fun Day](#) - Wednesday 20 February 2019
A family fun day for families with children with Special Educational Needs and Disabilities.
- [Accessing Public Services with CEREBRA](#) - Monday 4 March 2019
A workshop for parents / carer and professionals who support them.
- [Behaviour Toolkit \(Primary\)](#) - Monday 29 April 2019
A workshop for families wanting support in making a behaviour plan.
- [SEND parent carer Conference](#) 9.30-2.30 Wednesday 8th May 2019
<https://www.eventbrite.co.uk/e/ppcv-parent-carer-send-conference-080519-tickets-56588074454>
- [Sleep with Cerebra - Primary School](#) at the Guildhall 10-2pm Tuesday 4th June 2019 for parents and carers
- <https://www.eventbrite.co.uk/e/ppcv-sleep-with-cerebra-primary-school-tickets-56946061202>

Bookings can be made through Eventbrite by clicking the links above.

For more information please contact Claire Paddon at: claire@plymouthpcv.co.uk